



Conference Information

CURRENT ISSUES IN WOMEN'S HEALTH

Alaska Dawes Glacier Cruise ~ Aboard the Celebrity Solstice®

July 24-31, 2020



We are pleased to provide the following information for our upcoming conference aboard the Celebrity Solstice® ship. Upon registering, you will receive a registration receipt via email confirming your registration. If you do not receive it, please contact us. If you are registered and have not reserved your cabin, please contact us at (925) 969-1789, Monday-Friday, 8:30am-5:00pm (Pacific Time) or email info@symposiamedicus.org.

CRUISE INFORMATION

CELEBRITY SOLSTICE® | Celebrity Cruises®

Website – www.celebritycruises.com

Stateroom Features and Amenities -

<https://www.celebritycruises.com/things-to-do-onboard/staterooms>

Note: There are no irons or ironing boards in the staterooms and they cannot be brought onboard. Full service laundry is available for a fee.

Ship Features and Amenities -

<https://www.celebritycruises.com/cruise-ships/celebrity-solstice>

CRUISE eDOCS/ONLINE CHECK-IN

In order to expedite the pier check-in process, please complete your embarkation forms online at

<https://secure.celebritycruises.com/checkin/beforeyoucruise>

no later than 5 days prior to the cruise. This information is needed before you get on the ship. If you do not complete the online check-in process, you must complete the embarkation forms at the pier.

Approximately 2-3 weeks prior to the sail date, you will receive an email with your cruise documents. If you requested hard copies of your documents, you will receive them via regular mail.

If you reside outside of the United States, please print your luggage tags that are included in your eDocs.

NOTE: You need to arrive at the ship at least 90 minutes prior to sailing (by 2:30pm on Friday, July 24). Failure to check-in at least 90 minutes in advance will constitute as a no-show and you will not be permitted to sail. Your reservation will also be cancelled and penalties will apply.

SHORE EXCURSIONS

Shore excursions are available for advance purchase online approximately 6-9 months prior to sail date. They can be purchased in advance online no later than 4 days before your sail date. Shore excursions may also be booked onboard the ship but space may not be available if you wait. For more information on purchasing shore excursions and/or to download a brochure, go to <http://www.celebritycruises.com/plan-a-cruise/shore-excursions> or call 1-800-722-5941, option 1.

TRAVEL & GROUND TRANSPORTATION INFORMATION

To view information on the cruise terminal, ground transportation, and passport requirements, please visit <https://bit.ly/2oyOx0i>

INOCULATIONS

Please check with government agencies, embassies, consulates, your physician, local health departments, or the Centers for Disease Control and Prevention's Travelers' Health website wwwnc.cdc.gov/travel/ or call (800) 232-4636 to determine health document requirements.

PREGNANCY POLICY

If you have entered or will be entering your 24th week before or during the cruise, you are **NOT ALLOWED** to travel.

REGISTRANT BREAKFAST

Sunrise breakfast is served in the Ocean View Café beginning at 6:30am and buffet breakfast begins at 7:30am. We will serve continental breakfast (for registrants and faculty only) beginning at 7:30am on Saturday, and 8:00am on Wednesday and Thursday, in the Sky Conference Center.

CONFERENCE SESSION MATERIALS & CRUISE LUGGAGE TAGS

Approximately one week prior to the conference, all conference attendees will receive an email with instructions on how to download the session materials. Please make sure to download the materials before you leave for the conference, as **you will not be available to download on-site due to Internet bandwidth restrictions.**

You will also receive a booklet (via regular mail) that contains note pages, the conference schedule, and attendance/evaluation forms. For those who requested a paper copy of the session materials, you will receive a full, printed version in lieu of the booklet. **Included in this package will also be your luggage tags (for all cabins reserved, if applicable).**

If you reside outside of the United States, your booklet or paper session materials will be provided to you at conference check-in and you are able to print your luggage tags from the eDocs you receive via email.

Please note - approximately **one week after** the conclusion of the conference, you will receive an email with instructions on how to download any materials that were updated and presented at the conference.

CONFERENCE CHECK-IN

Although you are already registered, you will need to check-in and pick up the remainder of your conference materials.

Date - Saturday, July 25

Location - Sky Conference Center (on Deck 14 at the front of the ship)

Time - Begins at 7:30am

GENERAL SESSIONS

Location - Sky Conference Center

Time - Begins at 8:00am on Saturday, Wednesday, and Thursday

ABOARD THE SHIP

Beverage Package Information – If you reserved an 08 or higher cabin through Symposia Medicus, the Classic Beverage package is included for the 1st/2nd persons (includes gratuities).

The Classic Beverage Package includes: unlimited fountain and can sodas (Coca Cola products), juices (cranberry, orange, grapefruit, lemon, and apple), premium coffee and tea, non-premium bottled water, certain types of beer and wine, as well as non-premium (Classic branded) spirits and cocktails.

If you did not book your cabin through Symposia Medicus, or you've reserved an Interior Stateroom, you can purchase a beverage package directly through Celebrity Cruises once onboard or online up to 4 days prior to your sail date.

ABOARD THE SHIP (continued)

For more information and to purchase beverage packages, call (800) 722-5941, option 2, or go to http://www.celebritycruises.com/onboard-celebrity/onboard-beverage-packages?pagename=onboard_beverage_packages_overview

If you do not have a Beverage Package, beverage service personnel are acknowledged with a 20% service charge that will be automatically added to all bar bills/wine checks onboard.

Gratuities – If you reserved your cabin through Symposia Medicus, gratuities for your restaurant service (waiter, assistant waiter) and stateroom service (cabin steward or butler, if suite) are **included in your final cruise balance**. If you want to give additional gratuities, they can be added to your account onboard the ship through Guest Relations or you can give cash to your restaurant and/or stateroom service personnel directly.

Onboard dress code – For information on the onboard dress code and what clothing to pack, please visit <https://www.celebritycruises.com/company/customer-support/help-and-faqs/during-your-cruise/onboard-dress-code>

Onboard Purchases - A “cashless” system is used on the ship. Any purchases will be put on your onboard SeaPass account that you will set-up using your credit card, cash, or traveler’s check when you complete the online check-in or when you check-in at the pier. You can then sign all onboard services and purchases to your account. At the end of the cruise, you will receive a complete itemized statement.

Internet Access – Internet access is available in the Celebrity iLounge 24hours a day. They also have an iLounge Manager on board to assist you with questions or to help you purchase an Internet Package. There are a range of Internet Packages for you to choose from, or you can pay as you go by the minute. For more information, please visit <http://www.celebritycruises.com/onboard-celebrity/internet-packages>

Dining Options - There is open seating in the main dining room for breakfast and lunch and the buffet has open seating for all meals and snacks. You can also enjoy dinner in the main dining room at your confirmed seating time or you can order room service, which is available 24-hours. For more information on dining, please go to <https://www.celebritycruises.com/cruise-ships/celebrity-solstice/eat-and-drink/restaurants-and-cafes>

Suite Main Dining – For all suite guests (RS, CS, and S2), the main dining area is Luminae. If you would like to eat dinner with a guest that is not in a suite, please check with your butler upon arrival.

There are three specialty restaurants onboard the ship: Murano, Silk Harvest, and Tuscan Grille. These are offered at an additional per person cost. Visit the above link to learn more about each restaurant.

Reservations for specialty dining restaurants can be made online no later than 4 days prior to sail date or once you are onboard, based on availability. Advance reservations are limited to parties of six persons or less in all specialty restaurants. For more information and/or assistance with reservations, call (800) 722-5941, and choose option 2 or go to <http://www.celebritycruises.com/onboard-celebrity/cruise-specialty-dining-packages>.

Youth Activities/Babysitting Services – Visit the website to learn more about all the cruise has to offer for families: <http://www.celebritycruises.com/htmlpage/family-fun-cruise#&panel1-1&panel2-1>

ADDITIONAL INFORMATION

Smoking Policy – For your comfort, Celebrity Cruise Ships are designated as non-smoking, however, they recognize that some guests smoke. Therefore, cigarette, cigar, and pipe smoking is permitted in designated outdoor areas of the ship. Smoking is not permitted in any dining venue, casino, theater, lounge, hallway, elevator, or corridor. This policy includes smoking-like products such as electronic cigarettes. Smoking is not permitted inside any stateroom, nor on any stateroom veranda.

For information on the **Guest Conduct Policy**, please visit: http://www.celebritycruises.com/plan-and-book/before-you-go-during-cruise?tab=before_you_go_during_cruise#tertiary/before_you_go_policies

Carry-On Bag – Always carry prescription drugs, jewelry, and other valuables in your carry-on bag. Also, bring along an overnight bag for your last night at sea. **Your stateroom attendant will collect your baggage the night before departing**, and you will need a bag in which to carry your night clothes, toiletries, and valuable items.

Participant Photos - We sometimes take photographs of our participants during conference sessions/activities (never pool pictures) to use on social media and on our website. If you would NOT like to appear in any individual or group candid photos, please notify the on-site Conference Director.

Connect with others - Connect with other participants of this conference, form clinical discussions, or simply share restaurants, fun things to do, family activities, shopping, and spa experiences around the conference venue. Go to <http://bit.ly/FB1539>

General Travel Safety Suggestions - <http://www.symedblog.org/travelsafety/>

Take Our Survey – Be entered to win tuition to the conference of your choice! <http://bit.ly/SyMedSurvey2019>

Questions? - Email us at info@symposiamedicus.org