

7TH ANNUAL SPRING CONFERENCE ON INTEGRATIVE MEDICINE IN WOMEN'S HEALTH

*Including topics on: Osteoporosis, Chronic Pain,
Hormones, Diet & Nutrition, Yoga, and much more...*

NAPA VALLEY MARRIOTT HOTEL & SPA
NAPA, CALIFORNIA
APRIL 29 – MAY 2, 2020

SPONSORED BY



*A Non-Profit Corporation for
Continuing Medical & Nursing Education*



*"Presenters were very knowledgeable and passionate about their specialties. I would recommend Symposia Medicus to colleagues!"
– D. Dubyna, MD*

"This has been an amazing conference. The speakers are knowledgeable and positive. The surroundings are beautiful. A very refreshing time and I learned a lot." – K. Douglas, CNM

"Great conference, great location! You all put on such wonderful conferences at such beautiful and unique places. I love Symposia Medicus." – M. Calgren, BSN

Register On-Line...

**for this conference or view other educational conferences at
www.symposiamedicus.org**

CONFERENCE DESCRIPTION

Integrative Medicine focuses on the mind and body as a whole and the importance of the relationship between practitioner and patient. Our **7th Annual Spring Conference on Integrative Medicine in Women's Health** is designed to take an in-depth look at how to achieve optimal health and healing for female patients through a variety of complementary alternative treatment modalities and provides mainstream medical and nursing professionals with evidence-based data. Emphasis will be placed on practical application of the topics presented.

Topics for this year's conference have been selected based on the educational needs determined from the identified professional practice gaps. The gaps were derived from a variety of sources including evaluations and outcomes data from past participants; clinical expert input; Symposia Medicus' online survey; and other medical and nursing data.

Our conference features four engaging days of integrative health and medicine education, inter-professional collaboration, self-care, and networking. The format will include didactic lectures, smaller group breakout and interactive sessions, case studies, and question and answer sessions.

Smaller group sessions will be held Friday morning. These breakout sessions are organized to provide **greater participant/faculty interaction**, and will give you an opportunity to participate in hands-on discussions on subjects relating to your particular area of interest. **Please indicate your breakout session topic choices on the conference registration form in this brochure.** Space is limited so please reserve early.

An outstanding faculty has been assembled for this conference. Each member was selected based on their individual area of expertise and ability to communicate current, evidence-based, and practical information to participants.

You are sure to enjoy our **7th Annual Spring Conference on Integrative Medicine in Women's Health** while sharing ideas and experiences with colleagues from across the country in the beautiful setting of Napa.

CONFERENCE OBJECTIVES

As a result of participating in this conference, you should have increased knowledge and enhanced competence to...

- List several holistic and integrative possibilities to improve sleep issues
- Identify patients who are candidates for bioidentical hormone replacement therapy (BHRT)
- Describe evidence-based supplementation during pregnancy and how to choose a supplement
- Discuss a variety of modalities to treat chronic pain
- Describe and provide examples of how intact carbohydrates differ from stripped carbohydrates

ATTENDEE REQUIREMENTS

At the conclusion of attending this conference, participants are entitled to a certificate of credit which will be available online. Successful completion of this activity is determined by attending the live activity, review of the educational session materials, and submission of the case studies test, surveys, and attendance verification form. Each participant should only claim credit commensurate with the extent of their participation in the activity.

ACCREDITATION

This educational activity was planned and produced in accordance with the **ACCME** and **ANCC** Essentials and Standards relating to continuing medical and nursing education.

Symposia Medicus is accredited by the **Accreditation Council for Continuing Medical Education (ACCME)** to provide continuing medical education for physicians.

Symposia Medicus is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

CONTINUING EDUCATION CREDIT

Physicians

Symposia Medicus designates this live activity for a maximum of **18 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

AAFP

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending. Please check our website for updated credit information.**

ACOG

Application has been made with the **American College of Obstetricians & Gynecologists (ACOG)** for cognates, Formal Learning. **Please check our website for updated credit information.**

Certified Nurse Midwives

The **American Midwifery Certification Board (AMCB)** accepts Category 1 CME approval from organizations accredited by the ACCME.

PAs

NCCPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of 18 hours of Category 1 credit for completing this program.

Nurse Practitioners/Nurses

The **ANCC** contact hours awarded for completion of this conference are 18.

Provider is also approved by the **California Board of Registered Nursing**, Provider #CEP2335, for 21.6 contact hours.

Pharmacists

The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for **AMA PRA Category 1 Credit™**

Pain Management and Care

The approved credits shown above include 1 credit toward meeting the requirement under California Assembly Bill 487, Pain Management and Care.

EDUCATIONAL RESOURCES

Each registrant will have online access to session materials. **The session materials will be available for download approximately one week prior to the conference (you'll receive an email with instructions).** If you wish to receive a hard copy of the session materials, please check the box on the registration form in this brochure.

If you are unable to attend this conference, extra copies of the session materials (either paper, flash drive, or digital copy) will be available one week after the conference. The cost is \$65 for a hard copy, \$30 for a flash drive, and \$25 for the digital copy. To place your order, please email publications@symposiamedicus.org.

NEARBY ATTRACTIONS / GROUND TRANSPORTATION

To receive additional information about the conference hotel, location, tours and/or nearby attractions, and ground transportation, please visit our website at www.symposiamedicus.org.

CONFERENCE FACULTY

Sue Kagel RN, BSN, HNB-BC, CHTP/I

Adjunct Faculty for the Andrew Weil Center for Integrative Medicine, University of Arizona
Tucson, Arizona
Certified Healing Touch Practitioner
Holistic Nursing Certification
Canyon Ranch Wellness Resort
Past President, Healing Touch International
Certified Healing Touch Instructor
Tucson, Arizona

Anne Kennard, DO, FACOG

Director of Integrative Medicine & Physician Wellness
Core Faculty, Obstetrics & Gynecology
Marian Regional Medical Center
Santa Maria, California
Associate Clinical Professor
University of Arizona
Phoenix, Arizona

Michael Kurisu, DO

Director, Center for Integrative Medicine
University of California, San Diego
Director of Clinical Training
Osteopathic Center San Diego
Director, Project Apollo
President, Precision Healthcare Ecosystem
San Diego, California

Linda R. Olafson, MD, ABOLM, FAAFP

Conference Co-Chair
Founder & Medical Director
North Coast Integrative Medicine
Clinical Instructor of Family Medicine
University of California, San Diego
School of Medicine
San Diego, California

Roxanne B. Sukol, MD, MS, FACP

Conference Co-Chair
Clinical Assistant Professor of Medicine
Cleveland Clinic Lerner College of Medicine
Cleveland Clinic Community Care
Executive Health
Cleveland Clinic
Cleveland, Ohio

DISCLOSURE STATEMENT

Consistent with ACCME and ANCC guidelines, it is the policy of Symposia Medicus to ensure balance, independence, objectivity, and scientific rigor in all educational activities. Prior to the planning of this educational activity, all individuals in a position to influence and/or control the content of continuing education activities have been asked to disclose all relevant financial relationships within the past 12 months. Beyond disclosure of relevant financial relationships, faculty are required to disclose when they plan to discuss pharmaceuticals and/or medical devices that are not approved by the FDA and/or medical or surgical procedures that involve an unapproved or "off-label" use of an approved device or pharmaceutical. Symposia Medicus is committed to providing learners with commercially unbiased continuing education activities. This information is intended to assist learners in forming their own judgments about the content presented. Disclosure information will be included in the session materials for this activity, and speakers will provide a slide disclosure for each presentation, and will also verbally disclose on-site.

CONFERENCE SCHEDULE

Wednesday, April 29

- 7:00am Registration & Check-in
During Continental Breakfast
- 8:00 **Welcome & Introduction**
Roxanne B. Sukol, MD, MS
- 8:15 **Osteoporosis: Protecting & Strengthening Bones Naturally**
Linda R. Olafson, MD, ABOLM
- 9:00 **Drowning in Omega 6's: Why the Food Industry Depends on Them & How They Are Driving the Epidemic of Chronic Illness**
Roxanne B. Sukol, MD, MS
- 9:45 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 10:15 Break
- 10:30 **Sleep Issues & Solutions: A Holistic & Energy Approach**
Sue Kagel, RN, BSN, HNB-BC
- 11:15 **Introduction to Manual Medicine**
Michael Kurisu, DO
- Noon **Integrative Management of Menstrual Disorders**
Anne Kennard, DO
- 12:45pm **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 1:30 Adjourn for the Day
- 5:30-6:30 Wine & Cheese Reception
(Faculty, Participants, and Guests)

Thursday, April 30

- 7:30am Continental Breakfast
- 8:00 **Hormones 101: Bioidentical Hormone Replacement Therapy**
Linda R. Olafson, MD, ABOLM
- 8:45 **Healing Touch & Energy Therapies for Women's Health**
Sue Kagel, RN, BSN, HNB-BC
- 9:30 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 10:00 Break
- 10:15 **Self-Care for Life: Building Resilience**
Sue Kagel, RN, BSN, HNB-BC
- 11:00 **Guidelines for the Diagnosis & Treatment of Hypothyroidism**
Linda R. Olafson, MD, ABOLM
- 11:45 **Integrative Pregnancy & Postpartum Care**
Anne Kennard, DO

- 12:30pm **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 1:15 Adjourn for the Day

Friday, May 1

- 7:30am Continental Breakfast
- 8:00 **Smaller Group Breakouts – Session One**
- **Osteopathic Manual Medicine: Hands-on Diagnostic & Treatment Approach**
Michael Kurisu, DO
 - **Healing Touch & Energy Therapy: Best Uses in Clinical Settings**
Sue Kagel, RN, BSN, HNB-BC
 - **Taking the Reins to Improve the Nutrition, Value, and Health of Your Home & Household**
Roxanne B. Sukol, MD, MS
 - **Yoga & Meditation for Women's Health**
Anne Kennard, DO
- 9:30 Break
- 9:45 **Smaller Group Breakouts – Session Two**
(Session One Topics Repeated)
- 11:15 Adjourn for the Day

Saturday, May 2

- 7:30am Continental Breakfast
- 8:00 **Integrative Approaches to Chronic Pain**
Michael Kurisu, DO
- 8:45 **Breast Cancer Risk Reduction: An Integrative Approach**
Linda R. Olafson, MD, ABOLM
- 9:30 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 10:00 Break (hotel check-out, if applicable)
- 10:15 **Learning How to Tell the Difference Between Real Food & Manufactured Calories**
Roxanne B. Sukol, MD, MS
- 11:00 **Abdominal Pain: An Integrative Treatment Plan**
Michael Kurisu, DO
- 11:45 **Motivating Change: Motivating & Engaging Patients to Take the First Steps**
Roxanne B. Sukol, MD, MS
- 12:30pm **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 1:15 *Conference Adjourns*

CONFERENCE REGISTRATION, LODGING, & TRAVEL INFORMATION

Enrollment for this conference is limited in order to provide the best possible learning environment. **Early registration is advised.**

You can register and receive conference lodging group rates by reserving the following ways:

- On-line at our website, www.symposiamedicus.org; OR
- Call Monday-Friday, 8:30am-5:00pm (Pacific Time), (925) 969-1789 with Visa, MasterCard, American Express, or Discover; OR
- By mail, make check payable to Symposia Medicus and send with registration form to 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287

Visit www.symposiamedicus.org or call (925) 969-1789 for additional questions or information.

CONFERENCE REGISTRATION INFORMATION

TUITION:	EARLY <i>If postmarked by February 19, 2020</i>	REGULAR <i>If postmarked after February 19, 2020</i>
Physicians	\$695	\$795
Residents, Nurses, PAs, & All Others	\$595	\$695

- Discounts are available for retired healthcare providers, active U.S. military, and groups of three or more. For more information, please contact Symposia Medicus prior to registering.
- Tuition includes continuing education, online access to session materials, continental breakfast on Wednesday, Thursday, Friday, and Saturday mornings, and break refreshments for conference registrants. Tuition also includes wine and cheese reception for faculty, registrants, and their guests.
- Conference registration will be confirmed via email

AIR TRAVEL INFORMATION

The closest airport to the Napa Valley Marriott Hotel & Spa is **Oakland International Airport (OAK)**; however, lower fares can sometimes be found by flying into **San Francisco International Airport (SFO)**, **Sacramento International Airport (SMF)** or **San Jose International Airport (SJC)**. Oakland is approximately 50 miles from the hotel, while San Francisco and Sacramento are approximately 60 miles, and San Jose is approximately 85 miles. For information on ground transportation, please visit our website.

Symposia Medicus has arranged for discount fares with **Alaska, Delta, and United airlines** for this conference. Reservations can be made either through your travel agency or through the airlines at the website or Convention Desk numbers listed below.

In order to receive the discounted rate, you or your travel agent must refer to the Symposia Medicus Group ID number listed here.

Alaska Airlines	For discounts on Alaska Airlines flights, please book online at www.alaskaair.com and click on the link "Use Discount Code," located at the bottom of the "Book Flights" box. Once you click on this link, another page will appear. On this page, you will need to insert ECMC646 in the "Discount Code" box, located at the right hand side of the page.
Delta Airlines	For discounts on Delta Airlines, please visit www.delta.com enter in your travel plans and then click on the "Advanced Search" link located below the "Passenger" box. Once you click on this link, a panel will appear and you will need to insert NMT7R in the "Meeting Code" box. For questions, please call the Delta Airlines Convention Desk at (800) 328-1111.
United Airlines	For discounts on United Airlines, please visit www.united.com and click on All Search Options, located on the bottom left corner of the "Book Travel" box. Once you click on this link, another page will appear. At the bottom of this page, you will insert ZH4W711859 in the "Promotions and Certificates" box. For questions, please call the United Airlines Convention Desk at (800) 426-1122.

CAR RENTAL DISCOUNT

For conference discounts, Symposia Medicus has made arrangements with **AVIS and Budget Car Rentals**. Reservations can be made by phone; please refer to the conference code and the conference/airport location when making your reservations. Please see below:

AVIS	www.avis.com	800-331-1600	AWD # B766625
Budget	www.budget.com	800-772-3773	BCD # U076767

CONFERENCE LODGING INFORMATION

Conference group rates have been arranged at the **Napa Valley Marriott Hotel & Spa. Rooms at our group rates are limited** and on a first come, first served basis. **PLEASE RESERVE EARLY** as rooms may sell out and/or room rates may increase. **If you wish to extend your stay**, group rates may be available three days before and three days after the conference.

Two nights' deposit (room rate only) must accompany your reservation. The balance of your lodging, hotel fees as stated below, and all incidental charges are due to the hotel. The hotel accepts most major credit cards.

Type of Room	Group Rates	Description
Standard Room (view of perimeter and exterior of hotel)	\$309/night	All rooms are non-smoking and approximately 375 sq. ft. and feature either one king bed or two double beds. They also include air conditioning, pillow top mattresses, mini refrigerators, coffee makers with complimentary coffee, pay-per view movie access, and flat screen TVs. Due to strict fire codes, rollaway beds and cribs are not permitted in a room with two beds. Only one rollaway or crib is permitted in a room with a king bed.
Garden View Room (view of hotel's courtyard)	\$329/night	
Concierge Room (view of hotel's courtyard or perimeter and exterior of hotel) <i>Concierge lounge access includes complimentary continental breakfast, daily midday snacks, hors d'oeuvres and dessert, non-alcoholic beverages, and business services.</i>	\$349/night	
By reserving your lodging with Symposia Medicus, the \$20 per room, per night Destination Fee is waived. This fee includes (subject to change): two bottles of water (daily), coffee, in-room and throughout the resort enhanced internet, two bicycle rentals, spa access (for the locker room, steam room, and Jacuzzi), use of pool & towels, culinary garden tour with sparkling wine (4:00pm daily), and self-parking. Items listed are subject to change.		

TERMS & CONDITIONS

Hotel Policies

- Above conference group rates are per room, per night and **do not** include the following (*subject to change*):
 - 12% tax
 - 0.24% California Tourism Assessment Fee
 - 3% Tourism Business Improvement District Assessment
- Maximum guestroom occupancy is four people and cannot be exceeded due to fire codes
- There is no additional charge for 3rd and 4th guests in room
- **Bed Type Requests:** You can select one or two beds; however, requests cannot be guaranteed until check-in
- **Rollaways & Cribs:** Rollaway beds and cribs are complimentary (based on availability and subject to change). *Please note: Due to strict fire codes, rollaway beds and cribs are not permitted in a room with two beds. Only one rollaway or crib is permitted in a room with a king bed.*
- **Check-in time is 4:00pm** – Please inform Symposia Medicus of any changes at least 72 hours prior to your arrival or you will be charged the entire, original reserved stay
- **Check-out time is 11:00am** – A late check-out can only be confirmed on the date of departure by the front desk. Late check-outs are based on availability and additional charges may apply.
- **Credit/Debit Card Policy:** Upon check-in, the hotel requires a credit card or debit card to ensure that funds are available. Holds are placed on your account for your entire stay plus estimated incidentals; however, the amount may be immediately deducted from your account. The length of time for which these holds remain on your credit or debit account varies from bank to bank.
- **Parking:** Self-parking is complimentary and valet is not available at this hotel

Cancellation Policies

- Conference cancellations must be made **in writing (via email or mail) to Symposia Medicus** and a refund, less a 10% processing fee, will be given. No refunds will be made if cancellation is received after **March 25, 2020**; however, tuition, less 10% processing fee, may be applied to a future Symposia Medicus conference.
- Per our hotel contract, hotel reservation cancellations must be made **in writing to Symposia Medicus** and you will receive a full refund if emailed/postmarked by **February 26, 2020**. Between **February 27, 2020 and March 25, 2020**, one night's deposit is forfeited. After **March 25, 2020**, no hotel refunds can be made.
- **All cancellations must be emailed to registrar@symposiamedicus.org OR mailed to Symposia Medicus. If mailed, it must be postmarked by the dates stated above.**
- In the unlikely event of conference cancellation by Symposia Medicus, full tuition and, if reservation was made with Symposia Medicus, hotel deposit refunds will be made. Symposia Medicus will not be responsible for refunding travel or any other expenses.



CONFERENCE LOCATION

California's wine country offers scenic countrysides, great wines, and superb restaurants. **With over 450 wineries offering a variety of wines for all tastes, it's no wonder that the Napa Valley is considered the heart of the American wine industry.** Located approximately 60 miles north of San Francisco, there is much more to Napa than just its grapes! **Enjoy hot-air ballooning, horseback riding, mountain biking, or challenging golf.**

Find incredible discounts on your favorite brand-names at the Napa Premium Outlets or visit Old Town for more unique shopping. Visit the recently restored Napa Valley Opera House for headliners from Jazz to Country music. It might be wine that comes to mind when thinking of the Napa Valley, but with world-renowned restaurants, such as *The French Laundry, Bottega,* and *Morimoto,* it's the food that will keep you occupied while there.

With so much to do, you'll find that fine wine is only a part of this abundant valley. If the Napa Valley isn't enough to keep your interest, San Francisco, with Fisherman's Wharf, Chinatown, and famous cable cars, is just an hour away; or the kid inside you will love the excitement of Six Flags Discovery Kingdom located just 20 minutes away, or Safari West wildlife preserve just 45 minutes away.

The **Napa Valley Marriott Hotel & Spa** combines modern convenience with traditional comfort. Exercise at the state-of-the-art fitness center, or enjoy "The Preserve Spa," one of the best full-service spas in the Napa Valley. If you are looking for a refreshing escape – just head over to the hotel's all new resort-style pool and courtyard. They'll provide the towels, sunscreen, lounge chairs and umbrellas— all you have to do is relax and enjoy every moment.

Sip on specialty cocktails or your favorite Napa Valley wines complemented by creative small bites from VINEleven's innovative kitchen, the hotel's indoor/outdoor restaurant and bar. Start the day with morning yoga sessions on the pool deck, or just unwind with a cocktail on the pool patio under a gorgeous California sunset after a long day spent touring vineyards or teeing off on Napa's famous golf courses.

Whatever your pleasure, you'll be sure to find it in Napa, at our **7th Annual Spring Conference on Integrative Medicine in Women's Health.**

For our complete calendar of conferences, please visit www.symposiamedicus.org. Brochures are available approximately 8 months prior to each conference.

2019 CALENDAR OF FUTURE CONFERENCES

1514	Current Issues in Women's Health	Danube River Cruise (<i>AMA Waterways – AmaLea</i>)	Nov 8-15
1515	Hot Topics in Urgent & Emergent Care	Danube River Cruise (<i>AMA Waterways – AmaLea</i>)	Nov 8-15
1517	25th Annual Conference on Women's Health: Care of Women Over 50	Guanacaste, Costa Rica	Nov 20-23
1519	25th Annual Conference on Challenges in Gynecology	New York City, New York	Dec 13-14

2020 CALENDAR OF FUTURE CONFERENCES

1522	27th Annual Conference on Office GYN & Women's Health for the Primary Care Provider	Oahu, Hawaii	Feb 5-8
1529	2nd Annual Winter Conference on Hot Topics in Women's Health	Big Sky, Montana	Feb 11-15
1526	27th Annual Spring Conference on Women's Health	Tulum, Riviera Maya, Mexico	Mar 18-21
1531	5th Annual Conference on Challenges in Sexual Healthcare	Naples, Florida	May 13-16
1532	Hot Topics in Pediatric Emergencies	Norwegian Fjords Cruise (<i>Celebrity Cruises – Silhouette</i>)	Jun 27-Jul 4
1535	3rd Annual Conference on Challenges in Mental Healthcare for the Primary Care Provider	Napa, California	Jul 8-11
1539	Current Issues in Women's Health	Alaska Cruise (<i>Celebrity Cruises – Solstice</i>)	Jul 24-31
1541	21st Annual Summer Conference on Women's Health	Paradise Island, Bahamas	Aug 5-8
1542	21st Annual Fall Conference on Integrative Medicine in Women's Health	Tucson, Arizona	Sep 9-12
1544	31st Annual National Conference on Women's Health Care	Las Vegas, Nevada	Sep 14-16
1546	Challenges in Obstetrics & Gynecology	Best of Italy Cruise (<i>Celebrity Cruises – Constellation</i>)	Sep 24-Oct 3
1549	28th Annual Fall Conference on Issues in Women's Health	Big Island, Hawaii	Oct 21-24
1555	26th Annual Conference on Women's Health: Care of Women Over 50	Grand Cayman, Cayman Islands	Nov 18-21
1558	26th Annual Conference on Challenges in Gynecology	New York City, New York	Dec 18-19



CONFERENCE & LODGING REGISTRATION FORM

Register on-line at www.symposiamedicus.org

OR COMPLETE THIS FORM AND MAIL WITH APPROPRIATE PAYMENT TO:



Symposia Medicus
 399 Taylor Blvd., Suite 201
 Pleasant Hill, CA 94523-2287
 Phone: (925) 969-1789

SYMPOSIA MEDICUS
 7th Annual Spring Conference on
**INTEGRATIVE MEDICINE
 IN WOMEN'S HEALTH**
 Napa Valley Marriott Hotel & Spa
NAPA, CALIFORNIA
APRIL 29 - MAY 2, 2020

PLEASE PRINT LEGIBLY: (Show name and one degree)

Registrant's Name: _____ Degree: _____
First Last

Registrant Email Address (required): _____
 All registrants must provide their individual email address in order to register for this conference. Confirmation/receipt will be emailed to this address.

Email an additional copy of my confirmation/receipt to: _____
(Provide additional email address)

Mailing Address: _____
Street City State Zip

Check if above address is: Work _____ Home _____ Provide office/workplace name here: _____

Primary Work: (_____) Home: (_____)

Cell: (_____) Fax: (_____)

Professional Specialty: _____

The session materials will be available (for all participants) to download from our website approximately one week before the conference.
 If you prefer to **also** receive a hard copy of the session materials, please check here

FRIDAY BREAKOUT PREFERENCE (Please refer to schedule and select one breakout for each session):

Session One: ___ Osteopathic Treatment ___ Healing Touch & Energy Therapy ___ Nutrition, Value, and Health ___ Yoga & Meditation

Session Two: ___ Osteopathic Treatment ___ Healing Touch & Energy Therapy ___ Nutrition, Value, and Health ___ Yoga & Meditation

#1534

LODGING RESERVATIONS

Please reserve accommodations at the **Napa Valley Marriott Hotel & Spa** for:

Arrival: _____ / _____ / _____ Departure: _____ / _____ / _____
Month Day Year Month Day Year

<input checked="" type="checkbox"/>	TYPE OF ROOM	GROUP RATES
	Standard Room	\$309/night
	Garden View Room	\$329/night
	Concierge Room	\$349/night

- Conference group rates are per room, per night and **do not** include the following (subject to change):
 - 12% tax
 - 0.24% California Tourism Assessment Fee
 - 3% Tourism Business Improvement District Assessment
- Maximum guestroom occupancy is four people and cannot be exceeded due to fire codes
- There is no additional charge for 3rd and 4th guests in room
- **Rollaways & Cribs:** Rollaway beds and cribs are complimentary (based on availability and subject to change). Please note: Due to strict fire codes, rollaway beds and cribs are not permitted in a room with two beds. Only one rollaway or crib is permitted in a room with a king bed.

Preferred Bed Type (cannot guarantee): One Bed _____ Two Beds _____

Names of Room Occupants (and ages, if children) _____

Please circle names of the room occupants (other than you) who are registered for this conference

Other Comments/Requests _____

TUITION AMOUNT DUE	TWO NIGHTS' LODGING DEPOSIT - ROOM RATE ONLY <small>(Balance of hotel charges will be due to hotel)</small>	ADDITIONAL LODGING DEPOSIT <small>(If you wish to include an additional amount for lodging, please state here)</small>	TOTAL
\$ _____	\$ _____	\$ _____	\$ _____

Payment Type (Please Check One): ___ Check (Please Enclose) ___ ___ ___ ___

Cardholder Name: _____ Signature: _____
First Last

Billing Address: _____
(If different from above) Street City State Zip

Card Number	Expiration Date Month/Year	Security # <small>(on front or back of card)</small>
_____	____/____	_____

By registering, you agree to the Terms & Conditions as stated in this brochure.
Please note that all information contained in this brochure is subject to change without notice.
ALL INFORMATION PROVIDED BY REGISTRANTS WILL REMAIN CONFIDENTIAL TO SYMPOSIA MEDICUS.

