Travel & Ground Transportation Information

7th Annual Spring Conference on
Integrative Medicine in Women’s Health
Napa Valley Marriott Hotel & Spa | Napa, California
April 29 – May 2, 2020

Please see the following information on air and ground transportation. If you haven’t registered for this conference, please go online to www.symposiamedicus.org to register.

If you have any questions, please do not hesitate to contact us at (925) 969-1789, Monday-Friday, 8:30am-5:00pm, (Pacific Time) or email travel-tours@symposiamedicus.org.

HOTEL INFORMATION

NAPA VALLEY MARRIOTT HOTEL & SPA
3425 Solano Avenue, Napa, CA 94558
Phone: (707) 253-8600

AIR TRAVEL INFORMATION

Airports and their proximity to the Napa Valley Marriott Hotel & Spa are listed below:

<table>
<thead>
<tr>
<th>Airport</th>
<th>Airport Codes</th>
<th>Approximate Distance to Napa Valley Marriott Hotel &amp; Spa</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oakland International</td>
<td>OAK</td>
<td>50 miles</td>
</tr>
<tr>
<td>San Francisco International</td>
<td>SFO</td>
<td>60 miles</td>
</tr>
<tr>
<td>Sacramento International</td>
<td>SMF</td>
<td>60 miles</td>
</tr>
<tr>
<td>Mineta San Jose International</td>
<td>SJC</td>
<td>85 miles</td>
</tr>
</tbody>
</table>

Symposia Medicus has arranged for discount fares with Alaska, Delta, and United Airlines for this conference. To view more information, including airline discount codes, please visit the Conference Registration, Lodging, and Travel Information section of our online brochure at https://bit.ly/2NpZ9Yn.

GROUND TRANSPORTATION OPTIONS

OPTION # 1 – Rental Car

Symposia Medicus has arranged conference discounts with AVIS and Budget Car Rentals. Reservations can be made by phone, please refer to the conference codes below and the conference/airport location when making your reservations.

<table>
<thead>
<tr>
<th>Rental Company</th>
<th>Website</th>
<th>Phone Number</th>
<th>Conference Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>AVIS</td>
<td><a href="http://www.avis.com">www.avis.com</a></td>
<td>800-331-1600</td>
<td>AWD # B766625</td>
</tr>
<tr>
<td>Budget</td>
<td><a href="http://www.budget.com">www.budget.com</a></td>
<td>800-772-3773</td>
<td>BCD # U076767</td>
</tr>
</tbody>
</table>

For driving directions, click on the links below:

Driving directions from Oakland International Airport (OAK) to Napa Valley Marriott Hotel & Spa
Driving directions from San Francisco International Airport (SFO) to Napa Valley Marriott Hotel & Spa
Driving directions from Sacramento International Airport (SMF) to Napa Valley Marriott Hotel & Spa
Driving directions from Mineta San Jose International Airport (SJC) to Napa Valley Marriott Hotel & Spa

OPTION # 2 – Shuttle Service

- Evans Transportation - Please call (707) 255-1559 or visit www.evanstransportation.com for more information
- Napa Airporter - Please call (707) 252-1900 or visit www.napaairporter.com for more information

OPTION # 3 – Uber or Lyft

- www.uber.com
- www.lyft.com

OPTION # 4 – Train Service through Amtrak

- Please call (800) 872-7245 or visit www.amtrak.com for more information
- Offers transportation from Oakland, San Francisco, Sacramento, and San Jose to Napa
- For reservations, rates, and times, please call them directly or visit their website listed above

OPTION # 5 – San Francisco Bay Ferry/Public Transit

- Please call (415) 705-8291 or visit http://sanfranciscobayferry.com for more information
- Offers ferry transportation from Oakland, San Francisco, and Alameda to Vallejo
- The Vallejo Ferry Terminal is just a block away from the Vallejo Transit Center, with connecting bus service to the Napa area
- For reservations, rates, and times, please call them directly or visit their website listed above

PARKING

Self-parking is complimentary at the hotel. Valet parking is not available.