

**Limited Space! We recommend you reserve early!**  
**Cruise Fares Include: Daily Tours, All Meals, and Beverages**

*Please look inside the brochure for more details.*

# CURRENT ISSUES IN OB/GYN

## MELODIES OF THE DANUBE RIVER CRUISE

Aboard the **AmaWaterways AmaLea<sup>®</sup>**  
**NOVEMBER 8-15, 2019**

SPONSORED BY



*A Non-Profit Corporation for  
Continuing Medical & Nursing Education*



### CRUISE ITINERARY & CONFERENCE DAYS

DAY	PORT	ARRIVE	DEPART
Friday, November 8	<i>Conference Check-In &amp; Welcome Reception 6:00pm</i>		
	Budapest Garam, Hungary	-	9:30pm
Saturday, November 9	Budapest Rakpart, Hungary	10:30pm	-
	<i>Conference Sessions 1:30pm-5:30pm</i>	-	5:00pm
Sunday, November 10	Bratislava, Slovakia	9:00am	1:00pm
	<i>Conference Sessions 1:00pm-5:00pm</i>		
Monday, November 11	Vienna, Austria	8:30pm	-
	Vienna, Austria	-	11:59pm
Tuesday, November 12	Weissenkirchen, Austria	8:30am	9:30am
	Ybbs, Austria	1:30pm	2:00pm
	Grein, Austria	5:00pm	-
Wednesday, November 13	Grein, Austria	-	2:00am
	Linz, Austria	7:00am	11:59pm
Thursday, November 14	Passau, Germany	8:00am	Noon
	<i>Conference Sessions 1:30pm-5:30pm</i>		
	Vilshofen, Germany	3:00pm	-
Friday, November 15	Vilshofen, Germany		Disembark the ship at 9:00am

**Note:** Itinerary is subject to change without notice

View other educational conferences at [www.symposiamedicus.org](http://www.symposiamedicus.org)

## CONFERENCE DESCRIPTION

Our conference on **Current Issues in OB/GYN** has been designed for physicians, certified nurse midwives, nurse practitioners, PAs, nurses, and other healthcare professionals who face ever-increasing challenges in the clinical diagnoses, treatment options, and new technologies involved in caring for the female patient. The goal of this conference is to increase knowledge and enhance the competence of attendees. Emphasis will be placed on practical application of the evidence-based topics presented.

Topics for this year's conference have been selected based on the educational needs determined from the identified professional practice gaps. The gaps were derived from a variety of sources including evaluations and outcomes data from past participants; clinical expert input; Symposia Medicus' online survey; and other medical and nursing data.

Conference format will include didactic lectures, case studies, and question and answer sessions.

An outstanding faculty has been assembled for this conference. Each member was selected based on their individual area of expertise and ability to communicate current, evidence-based, and practical information to participants.

You are sure to enjoy our conference on **Current Issues in OB/GYN** while sharing ideas and experiences with colleagues from across the country on the beautiful Danube River.

## CONFERENCE OBJECTIVES

As a result of participating in this conference, you should have increased knowledge and enhanced competence to...

- State the current American Cancer Society guidelines for breast cancer screening
- Determine what the appropriate management and drug therapy is for a pregnant patient in hypertensive crisis
- Identify the symptoms and antidote for local anesthetic overdose toxicity
- Define major depression and distinguish it from other mood disorders

## ATTENDEE REQUIREMENTS

At the conclusion of attending this conference, participants are entitled to a certificate of credit which will be available online. Successful completion of this activity is determined by attending the live activity, review of the educational session materials, and submission of the case studies test, surveys, and attendance verification form. Each participant should only claim credit commensurate with the extent of their participation in the activity.

## ACCREDITATION

This educational activity was planned and produced in accordance with the **ACCME** and **ANCC** Essentials and Standards relating to continuing medical and nursing education.

Symposia Medicus is accredited by the **Accreditation Council for Continuing Medical Education (ACCME)** to provide continuing medical education for physicians.

*Symposia Medicus is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.*

## CONTINUING EDUCATION CREDIT

### Physicians

Symposia Medicus designates this live activity for a maximum of **12 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### ACOG

**The American College of Obstetricians and Gynecologists has assigned up to 12 cognate credits to this program.**

### AAFP

This Live activity, Current Issues in OB/GYN, with a beginning date of 11/08/2019, has been reviewed and is acceptable for up to 12.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Certified Nurse Midwives

The **American Midwifery Certification Board (AMCB)** accepts Category 1 CME approval from organizations accredited by the ACCME.

### PAs

NCCPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of 12 hours of Category 1 credit for completing this program.

### Nurse Practitioners/Nurses

The **ANCC** contact hours awarded for completion of this conference are 12.

Provider is also approved by the **California Board of Registered Nursing**, Provider #CEP2335, for 14.4 contact hours.

### Pharmacists

The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for **AMA PRA Category 1 Credit™**

### Pharmacology Content for Prescriptive Authority

A maximum of 2.25 hours in pharmacology content for prescriptive authority may be earned by attending this educational conference. Sessions awarding pharmacology content for prescriptive authority are denoted with an Rx in the schedule. Please contact your state's Board of Nursing for specific educational requirements as requirements may vary state to state.

## EDUCATIONAL RESOURCES

Each registrant will have online access to session materials. The session materials will be available for download approximately two weeks prior to the conference (you'll receive an email with instructions). If you wish to receive a hard copy of the session materials, please check the box on the registration form in this brochure.

If you are unable to attend this conference, extra copies of the session materials (either paper, flash drive, or digital copy) will be available one week after the conference. The cost is \$65 for a hard copy, \$30 for a flash drive, and \$25 for the digital copy. To place your order, please email [publications@symposiamedicus.org](mailto:publications@symposiamedicus.org).

## ***SYMPOSIA MEDICUS PRESENTS AN EXCITING MELODIES OF THE DANUBE RIVER CRUISE CONFERENCE***

The AmaLea features the most advanced design of any river cruise vessel currently in operation. You can enjoy **gourmet dining with free-flowing fine wines at multiple onboard dining venues; a heated sun deck swimming pool; fitness center and spa; complimentary ship-wide Wi-Fi and in-room internet and on-demand entertainment;** and a fleet of bicycles carried onboard for passengers to enjoy on their own or on guided bike tours when in port.

Travel on the beautiful Danube River through three European countries. Experience the sights and sounds that have long inspired musicians, poets and artists. Begin your cruise in **vibrant Budapest, continuing on to Vienna, the romantic birthplace of the waltz.** Cruise through the **scenic wine-growing region of the Wachau Valley, visit the spectacular Benedictine Abbey in Melk,** and explore charming medieval towns.

On this cruise, you will enjoy an extensive lineup of included tours. In many cases, you will have a choice of tours, such as standard tours, bike tours, hikes, and optional tours. They always include a large variety of activities so that you can choose how you want to explore. No matter your preference, your days will be full of discovery and wonder. The Wellness Program has professionally trained Wellness Hosts that will lead a variety of fitness classes, including core strengthening and circuit training, as well as occasional health and wellness-related lectures and discussions through AmaWaterways' Wellness Program.

We cordially invite you to "come aboard" the AmaLea for this conference on **Current Issues in OB/GYN** and the outstanding cruise of a lifetime.

## CONFERENCE FACULTY

### Lisa A. Dado, MD

Clinical Assistant Professor  
Department of Pediatric Anesthesiology  
University of Arizona - Phoenix  
Department of Anesthesiology  
The Mayo Clinic - Phoenix  
Phoenix, Arizona

### James V. Fiorica, MD, FACOG

Clinical Professor of Obstetrics & Gynecology  
Florida State University School of Medicine  
Director, Gynecologic Oncology Research  
Chief Medical Officer  
Sarasota Memorial Hospital  
Sarasota, Florida

### Michael R. Foley, MD, FACOG

**Conference Chairman**  
Professor & Chair  
Department of Obstetrics & Gynecology  
University of Arizona College of Medicine  
Phoenix, Arizona

### Edward A. Walker, MD, MHA

Professor, Departments of Psychiatry, Behavioral Sciences, and Health Services  
University of Washington  
Seattle, Washington

#### DISCLOSURE STATEMENT

Consistent with ACCME and ANCC guidelines, it is the policy of Symposia Medicus to ensure balance, independence, objectivity, and scientific rigor in all educational activities. Prior to the planning of this educational activity, all individuals in a position to influence and/or control the content of continuing education activities have been asked to disclose all relevant financial relationships within the past 12 months. Beyond disclosure of relevant financial relationships, faculty are required to disclose when they plan to discuss pharmaceuticals and/or medical devices that are not approved by the FDA and/or medical or surgical procedures that involve an unapproved or "off-label" use of an approved device or pharmaceutical. Symposia Medicus is committed to providing learners with commercially unbiased continuing education activities. This information is intended to assist learners in forming their own judgments about the content presented. Disclosure information will be included in the session materials for this activity, and speakers will provide a slide disclosure for each presentation, and will also verbally disclose on-site.

## CONFERENCE SCHEDULE

### FRIDAY, NOVEMBER 8

6:00pm Conference Check-In  
Welcome Reception, &  
Faculty Introductions

PORT	ARRIVE	DEPART
Budapest Garam, Hungary	—	9:30pm

Budapest Rakpart, Hungary	10:30pm	—
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### SATURDAY, NOVEMBER 9

PORT	ARRIVE	DEPART
Budapest Rakpart, Hungary	—	5:00pm

1:30pm **Hypertensive Emergencies During Pregnancy: An Innovative Approach to an Old Problem**  
Michael R. Foley, MD

2:30 **Management of Breast Lumps & Breast Cancer Screening Controversies**  
James V. Fiorica, MD

3:30 Break

3:35 **Practical Management of Depression in Women**  
(Rx = 25 minutes)  
Edward A. Walker, MD, MHA

4:35 **Questions & Answers Group Discussion**  
Faculty Panel & Audience

5:35 Adjourn for Day

### SUNDAY, NOVEMBER 10

PORT	ARRIVE	DEPART
Bratislava, Slovakia	9:00am	1:00pm

1:00pm **Management of Abnormal Uterine Bleeding** (Rx = 25 minutes)  
James V. Fiorica, MD

2:00 **Obstetrical Anesthesia: The Basics** (Rx = 40 minutes)  
Lisa A. Dado, MD

3:00 Break

3:05 **Controversies in Hormone Therapy** (Rx = 30 minutes)  
James V. Fiorica, MD

4:05 **Questions & Answers Group Discussion**  
Faculty Panel & Audience

5:05 Adjourn for Day

PORT	ARRIVE	DEPART
Vienna, Austria	8:30pm	—

### MONDAY, NOVEMBER 11

PORT	ARRIVE	DEPART
Vienna, Austria	—	11:59pm

### TUESDAY, NOVEMBER 12

PORT	ARRIVE	DEPART
Weissenkirchen, Austria	8:30am	9:30am

Ybbs, Austria	1:30pm	2:00pm
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Grein, Austria	5:00pm	—
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### WEDNESDAY, NOVEMBER 13

PORT	ARRIVE	DEPART
Grein, Austria	—	2:00am

Linz, Austria	7:00am	11:59pm
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### THURSDAY, NOVEMBER 14

PORT	ARRIVE	DEPART
Passau, Germany	8:00am	Noon

1:30pm **Diabetic Ketoacidosis During Pregnancy** (Rx = 15 minutes)  
Michael R. Foley, MD

2:30 **Managing the Woman with Medically Unexplained Physical Symptoms**  
Edward A. Walker, MD, MHA

3:30 Break

3:35 **Managing Physician/Nurse Burnout: Ancient Wisdom for Healthcare Professionals**  
Michael R. Foley, MD

4:35 **Questions & Answers Group Discussion**  
Faculty Panel & Audience

5:35 *Conference Adjourns*

PORT	ARRIVE	DEPART
Vilshofen, Germany	3:00pm	—

### FRIDAY, NOVEMBER 15

PORT	ARRIVE	DEPART
Vilshofen, Germany	DISSEMBARK at 9:00am	—

*Rx = Pharmacology Credit for Prescriptive Authority will be granted for these sessions*

## CONFERENCE REGISTRATION AND STATEROOM RATES

Enrollment for this cruise conference is limited in order to provide the best possible learning environment. **Early registration is advised.**

**You can register and receive conference group rates by reserving the following ways:**

- Call Monday-Friday, 8:30am-5:00pm (Pacific Time), (925) 969-1789 OR
- By mail, make check payable to Symposia Medicus and send with registration form to 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287

Visit [www.symposiamedicus.org](http://www.symposiamedicus.org) or call (925) 969-1789 for additional questions or information.

### CONFERENCE REGISTRATION INFORMATION

TUITION:	EARLY <i>If postmarked by August 30, 2019</i>	REGULAR <i>If postmarked after August 30, 2019</i>
Physicians	\$685	\$785
Residents, Nurses, PAs, & All Others	\$585	\$685

- Discounts are available for retired healthcare providers, active U.S. military, and groups of three or more. For more information, please contact Symposia Medicus prior to registering.
- Tuition includes continuing education, paper and online access to session materials, and break refreshments
- Conference registration and cruise reservations (if applicable) will be confirmed via email

*Stateroom rates on next page*

### 2019 CALENDAR OF FUTURE CONFERENCES

*For our complete calendar of conferences, please visit [www.symposiamedicus.org](http://www.symposiamedicus.org). Brochures are available 6-8 months prior to the conference.*

1492 20th Annual National Conference on Fetal Monitoring	New Orleans, Louisiana	Apr 4-6
1493 6th Annual Spring Conference on Integrative Medicine in Women's Health	Santa Ana Pueblo, New Mexico (between Santa Fe & Albuquerque)	May 8-11
1494 24th Annual Conference on High Risk & Critical Care Obstetrics	Naples, Florida	May 9-11
1495 4th Annual Conference on Challenges in Sexual Healthcare	Newport Beach, California	May 15-18
1498 2nd Annual Conference on Challenges in Mental Healthcare for the Primary Care Provider	San Diego, California (on Coronado Island)	Jul 10-13
1500 Challenges in Obstetrics & Gynecology	Alaska Cruise ( <i>Celebrity Cruises – Solstice</i> )	Jul 19-26
1501 20th Annual Summer Conference on Women's Health	Big Sky, Montana	Jul 24-27
1497 26th Annual Summer Conference on Obstetrics & Gynecology	Lake Tahoe, California	Jul 31-Aug 3
1503 20th Annual Fall Conference on Integrative Medicine in Women's Health	Napa, California	Sep 4-7
1505 Hot Topics in Pediatric Emergencies	Amalfi Coast & Greek Isles Cruise ( <i>Celebrity Cruises – Edge</i> )	Sep 9-20
1504 30th Annual National Conference on Women's Health Care	Las Vegas, Nevada	Sep 16-18
1507 33rd Annual Fall Conference on High Risk Obstetrics	Washington, DC	Oct 3-5
1511 27th Annual Fall Conference on Issues in Women's Health	Grand Cayman, Cayman Islands	Oct 23-26
1512 37th Annual Fall Conference on Obstetrics	Big Island, Hawaii	Nov 6-9
1516 26th Annual Fall Conference on Challenges in Taking Care of the High Risk Pregnancy	Hilton Head Island, South Carolina	Nov 20-23
1517 25th Annual Conference on Women's Health: Care of Women Over 50	Guanacaste, Costa Rica	Nov 20-23
1519 25th Annual Conference on Challenges in Gynecology	New York City, New York	Dec 13-14

**CONFERENCE REGISTRATION AND STATEROOM RATES Continued**

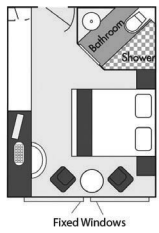

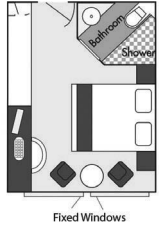
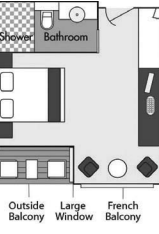
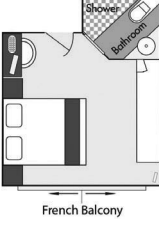

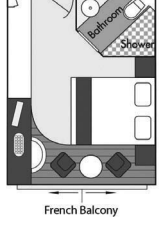
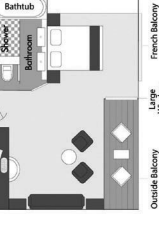
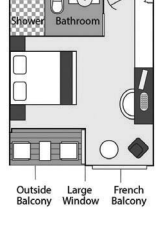
**CONFERENCE STATEROOM INFORMATION**

We have arranged conference group rates through AmaWaterways®. We have a limited number of staterooms in the categories and at the rates listed below. **Staterooms at our group rates are limited** and on a first come, first served basis. **PLEASE RESERVE EARLY** as staterooms may sell out and/or rates may increase.

Rates are (U.S. dollars, cruise-only) PER PERSON, based on double occupancy, and **DO NOT** include conference tuition, cruise fees (port charges) of \$168.00 per person, gratuities of \$130.00 per person, air transportation, or ground transfers.

The stateroom categories below differ by location on each deck, size, and balconies.

**Stateroom categories E, D, CB, and CA are very limited, please reserve early.**

STATEROOM TYPE & SQ.FT.	STATEROOM DIAGRAM	1 <sup>ST</sup> /2 <sup>ND</sup> PER PERSON RATE	STATEROOM TYPE & SQ.FT.	STATEROOM DIAGRAM	1 <sup>ST</sup> /2 <sup>ND</sup> PER PERSON RATE
<b>Category E</b> Piano Deck - Fixed Windows  <b>SQ.FT.: 160</b>		\$2,098.00	<b>Category BA</b> Violin Deck - French Balcony & Outside Balcony  <b>SQ.FT.: 210</b>		\$4,298.00
<b>Category D</b> Piano Deck - Fixed Windows  <b>SQ.FT.: 160</b>		\$2,398.00	<b>Category AB</b> Cello Deck - French Balcony & Outside Balcony  <b>SQ.FT.: 235</b>		\$4,598.00
<b>Category CB</b> Violin Deck - French Balcony  <b>SQ.FT.: 155</b>		\$2,598.00	<b>Category AA</b> Violin Deck - French Balcony & Outside Balcony  <b>SQ.FT.: 235</b>		\$4,898.00
<b>Category CA</b> Violin & Cello Deck - French Balcony  <b>SQ.FT.: 170</b>		\$3,298.00	<b>Category SS (Suite)</b> Violin Deck - French Balcony & Outside Balcony  <b>SQ.FT.: 350</b>		\$5,998.00
<b>Category BB</b> Cello Deck - French Balcony & Outside Balcony  <b>SQ.FT.: 210</b>		\$3,998.00	<p><b>If you need accommodations for 3<sup>rd</sup>/4<sup>th</sup> persons, the ship has less than 8 cabins to accommodate.</b></p> <p>Single occupancy staterooms can be requested; however, the rate for single occupancy is double the cruise fare and port charges for the selected stateroom category.</p> <p><b>Please call us at (925) 969-1789 for rates and availability.</b></p> <p>Detailed cabin descriptions and amenities are available at <a href="https://www.amawaterways.com/ships/amalea-river-cruise-ship">https://www.amawaterways.com/ships/amalea-river-cruise-ship</a></p>		

**TERMS & CONDITIONS**

**Cruise Policies**

- Deposit due at time of booking is \$1,000 per person
- **Final payment is due to Symposia Medicus by Friday, July 19, 2019**
- If booking after Friday, July 19, 2019 full stateroom payment is due
- You will receive PAPER cruise documents (one per stateroom) approximately 4 weeks prior to the sail date. Please provide your best mailing address on the registration form.
- Third and fourth occupant (11 years and older) staterooms are very limited. The stateroom rates above do not reflect availability for third and fourth person(s). These are limited and on a first come, first served basis. Please contact us for pricing and availability.
- Cruise cancellations must be made **in writing (via email or mail) to Symposia Medicus** for a full refund on or before **Friday, July 19, 2019**. After **Friday, July 19, 2019**, no refunds will be made.

**CONFERENCE CANCELLATION POLICIES**

- Conference cancellations must be made **in writing (via email or mail) to Symposia Medicus** and a refund, less a 10% processing fee, will be given. No refunds will be made if cancellation is received after **Friday, July 19, 2019**; however, tuition, less 10% processing fee, may be applied to a future Symposia Medicus conference.
- In the unlikely event of conference cancellation by Symposia Medicus, full tuition and, if reservation was made with Symposia Medicus, stateroom payment refunds will be made. Symposia Medicus will not be responsible for refunding travel or any other expenses.



## CRUISE RATES, DEPOSITS, AND FINAL PAYMENT REQUIREMENTS

All cruise rates quoted are per person, based on double occupancy (U.S. dollars, cruise-only). The price of your cruise includes ship accommodations, taxes, fine dining with all meals included onboard, coffee, tea, milk, juices, and sparkling wine with breakfast, unlimited red and white wines from Europe's great wine regions, beer, and soft drinks with every lunch and dinner aboard the ship, bottled waters daily in staterooms, Included Tours in every port (see "Tours"), on-demand entertainment in all staterooms featuring free high-speed Wi-Fi internet access, hit Hollywood movies, extensive music library, English language TV stations, and bicycles to explore on your own or on guided bicycle tours (availability based on first come, first served).

A deposit for all stateroom occupants is due to Symposia Medicus at the time of registration (**\$1,000 per person**). **Final payments are due to Symposia Medicus by Friday, July 19, 2019. Payments not received by the due date are subject to stateroom cancellation with no refunds.**

AmaWaterways® provides complimentary paper cruise documents (one per stateroom) and you will receive them within four weeks prior to cruise. Please provide your best mailing address on the registration form.

### CRUISE RATES DO NOT INCLUDE:

Conference Tuition	See "Conference Registration Information"
Port Charges	\$168/per person
Gratuities (for the ship crew and director)	\$130/per person
Air Transportation	See "Airline Travel Information"
Ground Transportation	See "Ground Transportation"
Cruise rates also <b>do not</b> include: other trips, optional tours, meals ashore, alcoholic and certain beverages (not during breakfast, lunch, or dinner), telephone calls, passport and visa fees; airport baggage fees; travel, health, accident, or other insurance; vaccinations; laundry; or other items or services of a personal nature.	

## CRUISE CANCELLATION & NAME CHANGE POLICY

A full refund will be made for **written cruise cancellations received by Symposia Medicus on or before Friday, July 19, 2019. After July 19, 2019, no refunds will be made.**

Name changes require the prior approval of AmaWaterways® and are subject to additional fees. **Cruise tickets are non-transferable. For security reasons, no name changes are allowed by AmaWaterways® after Monday, October 28, 2019.**

## PREGNANCY POLICY

If a pregnant guest has entered or will be entering their 24<sup>th</sup> week before or during the cruise, they are **NOT ALLOWED** to cruise.

If a pregnant guest is less than 24 weeks, a physician's "Fit to Travel" note stating that they are in good health, not a high risk pregnancy, and not entering the 24<sup>th</sup> week must be presented at check-in and carried onboard.

## GUESTS UNDER THE AGE OF 18

All guests under the age of 18 are to be in a stateroom with an adult, and must remain supervised at all times, and their safety is the responsibility of the accompanying adult(s). **Children must be at least 8 years old by November 7, 2019, to go on the cruise.** Denial of boarding for children who do not satisfy this minimum age requirement may also result in the denial of boarding for one or more guests sailing with that child. No refunds will be given as a result of the denial of boarding to an underage child or other accompanying guests. **AmaWaterways® does not provide child-specific programs or child-minding facilities.**

Children 8-10 years old at the time of embarkation may share a cabin at a rate of 25% of the cabin rate with 2 adults provided the child is able to share the bed with the adults – no additional or rollaway bed will be provided. Children 11-17 years old will be charged the full rate and can share a room with adults in a triple occupancy stateroom (limited). **For rates and availability, please contact Symposia Medicus.**

## PASSPORT & VISA INFORMATION

**Passports are REQUIRED for every passenger.** If you do not have a passport, please allow a minimum of 4-6 weeks to receive it after you complete and mail the application. **Your passport cannot expire before May 15, 2020 (or 6 months after your final date of travel).**

**It is the sole responsibility of the guest to identify and obtain all required travel documents and have them available when necessary.** These appropriate valid travel documents such as passports, visas, inoculation certificates, and/or family legal documents are required for ship boarding and country entry and/or re-entry into the United States and other countries. Based on citizenship, many countries require an entry visa. Obtaining required visas and any other required travel documentation, and assuring these are complete and correct in all ways, is the sole responsibility of each traveler. AmaWaterways® and Symposia Medicus are not in a position to obtain or verify the accuracy or completeness of any participant's visa or other required documentation and shall not be responsible or liable for delay or missed portion of any part of the itinerary or other problems resulting from the participant lacking the appropriate travel documentation.

**Guests who do not possess the proper documentation may be prevented from boarding their flight or ship, or from entering a country, and may be subject to fines.**

**Note: No refunds will be given to individuals who fail to bring proper documentation.**

For additional passport and visa requirements, visit the U.S. Department of State's website at <https://travel.state.gov/content/travel.html> or Embassies (Consular Service Office) of each country on the sailing itinerary.

## AIRLINE TRAVEL INFORMATION

**ARRIVAL FLIGHT:** You will fly into Budapest, Hungary (Budapest Ferenc Liszt International Airport, airport code – BUD), which is approximately 40 minutes to the cruise port.

It is recommended you **allow a minimum of five hours from the time your flight arrives in Budapest** to the time the ship departs (at 9:30pm).

**DEPARTURE FLIGHT:** You will fly out of Munich, Germany (Munich Airport, airport code – MUC), which is approximately 1 hour and 30 minutes from the cruise port in Vilshofen.

Going home, it is recommended you **allow at least six to eight hours between when the ship disembarks in Vilshofen and the time your plane departs Munich, Germany (disembarkation starts at approximately 9:00am).** The five to eight hours allow you time for ship clearance, transportation to the airport, customs clearance (if applicable), and airline security. You can also request to be one of the **first groups to depart the ship** by going to the Reception Desk as soon as possible once you board the ship and letting them know that due to a tight airline schedule, you need to be included in the first group off the ship.

## IF YOU WANT TO PURCHASE AIR ARRANGEMENTS THROUGH AMAWATERWAYS®:

AmaWaterways® allows you to purchase airline tickets through them. After you are registered and receive a reservation number, we will send you via email, the contact information to make these arrangements. AmaWaterways® will require a photocopy of passports for travelers prior to making airline reservations. Any changes or cancellations may be subject to non-refundable service charges and additional airfare costs.

## PRE AND POST CRUISE PACKAGES

AmaWaterways® offers pre/post cruise packages, for an additional cost. After you are registered and receive a reservation number, we will send you via email, the contact information to make these arrangements.

- **2-Night Pre-Cruise Package** – offers 2-nights in Budapest to include hotel stay, breakfast, city tour, and transfer to the ship
- **3-Night Post-Cruise Package** – offers 3-nights in Prague to include transfer from ship, hotel stay, breakfast, and city tours

## GROUND TRANSPORTATION

Whether you choose to make your own air travel arrangements or you booked your air through AmaWaterways®, you can purchase transfers to/from the ship (only from Budapest airport or to Munich airport) from AmaWaterways®. Please note rates listed below are subject to change.

- Arrival transfers from the Budapest airport to the ship on November 8, 2019 are \$30 per person and run throughout the day.
- Departure transfers to the airport in Munich on November 15, 2019 are \$30 per person and run throughout the morning and early afternoon.

After you are registered and receive a reservation number, we will send you via email the contact information to make these arrangements.

**Ground transportation reservations must be made through AmaWaterways® by Friday, September 27, 2019. Your flight itinerary must be provided in order to confirm your transfers.**

## ALCOHOL ABOARD SHIP

During the cruise, you are offered complimentary sparkling wine with breakfast, unlimited complimentary beer, wine, and soft drinks with lunch and dinner. **Any additional drinks (cocktails) not during dining times, are available at an additional fee, per drink at the bar and charged to your stateroom.**

## DINING ABOARD SHIP

AmaWaterways® expert chefs craft menus that feature exquisite, locally-inspired cuisine as well as traditional, Western offerings. At breakfast, sip sparkling wine as you partake in the buffet with fresh pastries, or opt for something made-to-order from the menu. For lunch head to the restaurant for full menu service and high-quality regional wine or beer. Dinner is a multi-course affair with wine recommendations that accompany visually stunning, delicious dishes.

The Executive Chef, Primus Perchtold, is the winner of three gold medals at the European Championship of Culinary Art and oversees the menus aboard every AmaWaterways® cruise in Europe. You will find one of his recipes on your pillow each night, just in case you want to recreate his culinary magic at home.

Special dietary requests must be provided to Symposia Medicus at time of reservation. An effort will be made to meet the request, but AmaWaterways® cannot assure the request can be accommodated.

For additional information, please visit <http://amawaterways.com/explore/onboard-dining>

## TOURS

A sightseeing tour is included in each city or town you visit, along with free time to explore the city according to your own interests. AmaWaterways® offers the below:

- **Included Tours** – Standard tours offered in each port. These are included in the price of the cruise. Pre-registration is not required, but it is recommended. Included tour registration is available online approximately 60 days prior to embarkation and once online check-in is completed.
- **Special Interest Tours** – Tours offered in place of the standard tours in each port. These are included in the price of the cruise. Pre-registration is not required, but it is recommended (approximately 60 days prior to embarkation and once online check-in is completed), with the exception of bike tours. Bike tours are only available to book once onboard, on a first come, first served basis.
- **Optional Tours** – Tours offered as an option at an additional cost. These are in addition to the standard tours offered in each port and can only be booked once onboard, on a first come, first served basis.

During all the tours, AmaWaterways® provides a sophisticated audio headset system that allows guests to comfortably listen to the tour guide while taking photos and admiring some of Europe's hidden gems.

## ONBOARD INFORMATION

For more information about clothing to pack and more, please visit <https://www.amawaterways.com/welcome-aboard-europe>

For information on the AmaLea ship, please visit <https://www.amawaterways.com/ships/amalea-river-cruise-ship>

Medical Services: Medical doctors are not available on any vessel. If medical services are required, efforts to contact local medical providers will be made. A participant requiring such assistance is solely responsible for all related charges.

Smoking: Smoking is only permitted on the ship's Sun Deck in the designated smoking area.

Disabled Travelers: Facilities are not available onboard or in many places visited on the cruises and cruise tours AmaWaterways® offer.

## CONFERENCE REGISTRATION

**COMPLETE THIS FORM & MAIL WITH APPROPRIATE PAYMENT TO:**



Symposia Medicus  
399 Taylor Blvd., Suite 201  
Pleasant Hill, CA 94523-2287  
Phone: (925) 969-1789

SYMPOSIA MEDICUS

### CURRENT ISSUES IN OB/GYN

Melodies of the Danube River Cruise  
ABOARD THE **AmaWaterways AmaLea®**  
NOVEMBER 8-15, 2019

**PLEASE PRINT LEGIBLY:** (Show name and one degree as you would like it printed on your conference materials):

Registrant's Name: \_\_\_\_\_ Degree: \_\_\_\_\_  
First Last

**Registrant Email Address (required):**

All registrants must provide their individual email address in order to register for this conference. Confirmation/receipt will be emailed to this address.

Email an additional copy of my confirmation/receipt to: \_\_\_\_\_  
(Provide additional email address)

Mailing Address: \_\_\_\_\_  
Street City State Zip

Check if above address is: Work \_\_\_\_\_ Home \_\_\_\_\_ Provide office/workplace name here: \_\_\_\_\_

Primary Work: ( \_\_\_\_\_ ) Home: ( \_\_\_\_\_ )

Cell: ( \_\_\_\_\_ ) Fax: ( \_\_\_\_\_ )

Professional Specialty: \_\_\_\_\_

The session materials will be available for download on our website approximately two weeks before the conference.

All registrants will be mailed a hard copy of the session materials prior to the cruise.

## STATEROOM RESERVATION

#1514

Detailed stateroom descriptions and amenities are available at <https://www.amawaterways.com/ships/amalea-river-cruise-ship>

STATEROOM TYPE	STATEROOM DESCRIPTIONS	1 <sup>ST</sup> /2 <sup>ND</sup> PER PERSON RATE	BED TYPE	RATE INFORMATION
<input type="checkbox"/> E	Piano Deck (Fixed Windows)	\$2,098.00	<input type="checkbox"/> 1-Queen Bed	Rates are (U.S. dollars, cruise-only), based on double occupancy, and DO NOT include port charges of \$168 per person, gratuities of \$130 per person, air transportation, ground transportation, or optional pre/post cruise tours.  If you need accommodations for 3 <sup>rd</sup> /4 <sup>th</sup> persons, the ship has less than 8 staterooms to accommodate. Please call us at (925) 969-1789 for rates and availability.  Single occupancy staterooms can be requested; however, the rate for single occupancy is double the cruise fare and port charges for the selected stateroom category.
<input type="checkbox"/> D	Piano Deck (Fixed Windows)	\$2,398.00	<input type="checkbox"/> 2-Twin Beds	
<input type="checkbox"/> CB	Violin Deck (French Balcony)	\$2,598.00		
<input type="checkbox"/> CA	Violin & Cello Deck (French Balcony)	\$3,298.00		
<input type="checkbox"/> BB	Cello Deck (French & Outside Balcony)	\$3,998.00		
<input type="checkbox"/> BA	Violin Deck (French & Outside Balcony)	\$4,298.00		
<input type="checkbox"/> AB	Cello Deck (French & Outside Balcony)	\$4,598.00		
<input type="checkbox"/> AA	Violin Deck (French & Outside Balcony)	\$4,898.00		
<input type="checkbox"/> SS	Violin Deck (French & Outside Balcony)	\$5,998.00		

**PLEASE PROVIDE INFORMATION FOR ALL STATEROOM OCCUPANTS:**

FIRST, MIDDLE & LAST NAME (as it appears on passport)

FIRST NAME	MIDDLE NAME	LAST NAME	GENDER	DATE OF BIRTH
			<input type="checkbox"/> M <input type="checkbox"/> F	
			<input type="checkbox"/> M <input type="checkbox"/> F	

Special Request (Dietary, Medical, Special Occasions – If special occasion, indicate date): \_\_\_\_\_

TUITION AMOUNT DUE	\$1,000 PER PERSON CRUISE DEPOSIT (Final Payment Due by Friday, July 19, 2019)	TOTAL PAID
\$ _____	\$ _____	\$ _____

Payment Type (Please Check One): \_\_\_\_\_ Check (Please Enclose) \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_

Cardholder Name: \_\_\_\_\_ Signature: \_\_\_\_\_  
First Last

Billing Address: \_\_\_\_\_  
(if different from above) Street City State Zip

Card Number	Expiration Date Month/Year	Security # (on front or back of card)
	/	

**By registering, you agree to the Terms & Conditions as stated in this brochure.  
Please note that all information contained in this brochure is subject to change without notice.  
ALL INFORMATION PROVIDED BY REGISTRANTS WILL REMAIN CONFIDENTIAL TO SYMPOSIA MEDICUS.**

