

Exciting News! Our hotel room rates include daily buffet breakfast.

Please see our lodging information inside the brochure for more details.

19th Annual Spring Conference on
**WOMEN'S
HEALTH**

Including Topics on:

*Osteoporosis, Hypertension, Contraception, Obesity, Heart Disease,
Breast Cancer Screening, HPV/Pap Smear, and much more ...*

MARCH 14-17, 2012

WESTIN RESORT

Aruba, Dutch Caribbean

Sponsored by

Symposia Medicus

A Non-Profit Corporation for
Continuing Medical Education
Pleasant Hill, California



Since 1978

*"I have attended several Symposia Medicus conferences and have never
been disappointed with any aspect of the conference - thank you!"*

-William Kelley, MD

*"As usual, Symposia Medicus provides an excellent learning experience
in a beautiful environment. Thanks!! We renew mind, body & spirit."*

-Linda Griffiths, CNM

*"Symposia Medicus covers all the necessary components well;
location, qualified speakers, and great accommodations."*

-Nicolai Hinds, MD

Register On-Line...

for this conference or view other educational conferences at

www.symposiamedicus.org

CONFERENCE DESCRIPTION

Our **19th Annual Spring Conference on Women's Health** is designed to provide the most current clinical information in women's health to obstetricians, gynecologists, family physicians, internists, nurse midwives, nurse practitioners, physician assistants, nurses, and all other healthcare professionals who care for women.

The primary goal of this conference is to enhance the knowledge and increase competence of attendees. Emphasis will be placed on practical application of the evidence-based topics presented. In addition to didactic lectures, ample time has been allotted for participant feedback and interaction. Topics for this year's conference have been selected based on extensive target audience needs assessment data resulting from professional practice gaps. These gaps are identified by a variety of sources including feedback and evaluations from past participants, clinical expert input, Symposia Medicus' online survey, and other medical and nursing continuing education needs data.

An outstanding faculty has been assembled for this conference. Faculty are committed to providing participants with current evidence-based and practical information and were selected based on individual areas of expertise, ability to communicate knowledge to others in a clear and concise manner, and willingness to interact with participants.

You are sure to enjoy our **19th Annual Spring Conference on Women's Health**, while sharing ideas and experiences with colleagues from across the country in the beautiful and relaxing setting of Aruba!

CONFERENCE OBJECTIVES

After participating in this conference, you should have an increased knowledge of, and be more competent to...

- Recognize and treat women with autoimmune disease
- Manage women with osteoporosis
- Identify and treat women with depression in an office setting
- Develop management options for women who are obese
- Treat and manage patients with hypertension

ACCREDITATION

This educational activity was planned and produced in accordance with the **ACCME** and **ANCC** Essentials and Standards relating to continuing medical and nursing education.

Symposia Medicus is accredited by the **Accreditation Council on Continuing Medical Education (ACCME)** to provide continuing medical education for physicians.

Symposia Medicus is accredited as a provider of continuing nursing education by the **American Nurses Credentialing Center's Commission on Accreditation**.

Each participant should only claim credit commensurate with the extent of their participation in the activity.

Certificates of credit will be given to participants on-site at the conclusion of the conference.

CONTINUING EDUCATION CREDIT

Physicians

Symposia Medicus designates this live activity for a maximum of 18 **AMA PRA Category 1 Credit(s)TM**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application has been made with the **American College of Obstetricians & Gynecologists (ACOG)** for cognates, Formal Learning.

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

Certified Nurse Midwives/Physician Assistants

The **American College of Nurse Midwives** accepts Category 1 CME approval from organizations accredited by the ACCME.

The **American Academy of Physician Assistants** accepts Category 1 CME approval from organizations accredited by the ACCME.

Nurse Practitioners/Nurses

The **ANCC** contact hours awarded for the completion of this educational activity are 18.

Provider is also approved by the **California Board of Registered Nursing**, Provider # CEP2335, for 21.6 contact hours.

Pharmacology Credit for Prescriptive Authority

A maximum of 2.25 hours in pharmacology credit for prescriptive authority may be earned by attending this educational conference. Sessions awarding pharmacology credit for prescriptive authority are denoted with an Rx in the schedule.

EDUCATIONAL RESOURCES

Each registrant will receive an extensive conference syllabus containing pertinent information on each topic presented. **The syllabus is available on paper (black and white type/photos) or on a flash drive (full color). Please make your syllabus choice on the conference registration form. By requesting your syllabus on a flash drive, you will not receive a paper syllabus.** If you request the flash drive syllabus and bring your laptop to the conference, be aware that there are no electrical outlets at the conference tables. **Make sure your laptop is fully charged each day.**

Extra copies of this syllabus, whether on flash drive or paper, are available for purchase by writing, with payment (\$60 for paper, \$25 for flash drive) to: Symposia Medicus, 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287 (please refer to syllabus #1215 and indicate type of media preferred).

ROUNDTABLE DISCUSSION SESSIONS

Small group roundtable discussion sessions will be held Friday afternoon. These sessions, organized to provide an opportunity for greater participant/faculty interaction, will give you an opportunity to discuss subjects relating to your particular areas of interest. **Please indicate your roundtable choice on the conference registration form in this brochure.** Space is limited, so please reserve early. Roundtable selection will be printed on your name badge. You are encouraged to bring cases or issues you are confronting in your clinical practice to discuss during these sessions.

GROUP TOURS

Tours are planned for participants throughout the conference breaks. Additional information regarding Aruba and the Westin Resort in Aruba, ground transportation, and group tours will be sent to you.

CONFERENCE FACULTY

Melissa Pulver Bloch, MD

Assistant Professor
University of Nevada, School of Medicine
Division of Neurology
Department of Medicine
Reno, Nevada

Michael J. Bloch, MD

Associate Professor
Department of Medicine
University of Nevada, School of Medicine
Medical Director & Founder
Saint Mary's Risk Reduction Center
Co-Director, Saint Mary's Vascular Institute
Reno, Nevada

Michael Cirigliano, MD, FACP

Conference Chairman
Associate Professor of Medicine
University of Pennsylvania
School of Medicine
Medical Correspondent, FOX 29 News
Philadelphia, Pennsylvania

Victoria L. Green, MD, MBA, JD

Associate Professor
Department of Obstetrics & Gynecology
Emory University
Medical Director of Satellite Clinics
Director, Gynecology Comprehensive Breast Center
Georgia Cancer Center of Excellence
Atlanta, Georgia

David Plourd, MD, FACOG

Assistant Professor
Obstetrics & Gynecology
Naval Medical Center, San Diego
OB/GYN Hospitalist
Scripps Hospital
Encinitas, California

Consistent with ACCME and ANCC policy, faculty for this educational activity are asked to disclose any commercial interests that may create or may be perceived as creating a conflict related to the material they will be presenting, as well as limitations on clinical studies presented, and any "off-label" use suggestions for medical products. Additionally, Symposia Medicus Board, Planning Committee, and Staff members have disclosed that they have no significant financial relationships that could pose a conflict of interest to the planning of this conference. This information is intended to assist you in forming your own judgments about content presented. Disclosure information will be included in your syllabus and/or verbally disclosed at the conference.

CONFERENCE SCHEDULE

Wednesday, March 14

- 7:00am Registration & Check-in
- 8:00 **Welcome & Introduction**
Michael Cirigliano, MD
- 8:15 **Osteoporosis: It's Not Just a Number**
(Rx = 30 minutes)
David Plourd, MD
- 9:00 **Obesity in America: Houston, We Have A Problem!**
Michael Cirigliano, MD
- 9:45 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 10:15 Break
- 10:30 **Preventing Heart Disease & Stroke in Women**
Michael Bloch, MD
- 11:15 **Autoimmune Disease & the Female Nervous System**
Melissa Pulver Bloch, MD
- Noon **What Did the WHI Really Tell Us About HRT & Risk of Cardiovascular Disease?**
Michael Bloch, MD

- 12:45pm **Questions & Answers Group Discussion**
Faculty Panel & Audience

- 1:30 Adjourn for the Day
- 5:30-7:00pm Group Reception
(Faculty, Participants & Their Guests)

Thursday, March 15

- 8:00am **Herbal Medicine: Is It Integrated into Your Practice?** (Rx = 40 minutes)
Michael Cirigliano, MD
- 8:45 **Issues in Breast Cancer Screening & Diagnosis: Implications for Practice**
Victoria Green, MD, MBA, JD
- 9:30 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 10:00 Break
- 10:15 **Contraception Update: What Would You Recommend to Your Patients?**
David Plourd, MD
- 11:00 **Office Management of Depression in Women** (Rx = 20 minutes)
Victoria Green, MD, MBA, JD
- 11:45 **HPV & Abnormal Pap Smears**
David Plourd, MD

- 12:30pm **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 1:15 Adjourn for the Day

Friday, March 16

- 3:30pm **Roundtables - Session One**
- A. Case Studies in Unprofessional Medical Conduct: Excessive Prescribing, Sub-Standard Care, etc.**
David Plourd, MD
- B. The Hormone-Headache Connection**
Melissa Pulver Bloch, MD
- C. Risk Management in Gynecology: Case Studies**
Victoria Green, MD, MBA, JD
- D. Vitamin D for Cardiovascular & Bone Health: Too Little? Too Much?**
Michael Bloch, MD
- 5:00 Break
- 5:15 **Roundtables - Session Two**
(Session One Topics Repeated)
- 6:45 Adjourn for the Day

Saturday, March 17

- 8:00am **Hypertension: Current Treatment Options**
(Rx = 25 minutes)
Michael Cirigliano, MD
- 8:45 **Neurology Update: Dementia, Tremors & More**
Melissa Pulver Bloch, MD
- 9:30 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 10:00 Break (Hotel check-out, if applicable)
- 10:15 **Contemporary Issues in the Diagnosis & Treatment of Venous Disease**
Michael Bloch, MD
- 11:00 **Managing the Acute Asthmatic Patient**
(Rx = 20 minutes)
Michael Cirigliano, MD
- 11:45 **Domestic Violence 2012**
Victoria Green, MD, MBA, JD
- 12:30pm **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 1:15 Conference Adjourns

Rx= Pharmacology Credit for Prescriptive Authority will be Granted for these Sessions



CONFERENCE REGISTRATION INFORMATION

Enrollment for this conference is limited in order to provide the best possible learning environment. **Early registration is advised.**

Tuition:	EARLY <i>If postmarked by January 4, 2012</i>	REGULAR <i>If postmarked after January 4, 2012</i>
Physicians	\$610	\$710
Residents, PAs, Nurses & All Others	\$510	\$610

- Tuition includes continuing education certification, extensive conference syllabus, refreshments, and group reception.
- Tuition may be paid by check, money order, Visa, MasterCard or Discover.**
- Register on-line at www.symposiamedicus.org.
- Telephone registrations can be made Monday-Friday, 8:30am-5:00pm (Pacific Time), by calling (925) 969-1789 or (800) 327-3161. Registrations can also be faxed to (925) 969-1795.
- If paying by check, make payable to Symposia Medicus, and send with registration form to 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287.
- Conference registration will be confirmed in writing and more information on travel, hotel and activities will be sent.
- This conference meets the requirements for CE deductibility; however, we suggest you consult your financial authority for more information.
- For additional conference or lodging information, call Symposia Medicus at (800) 327-3161 or (925) 969-1789, email us at info@symposiamedicus.org, or visit our website at www.symposiamedicus.org.
- For information on air reservations and ticketing assistance, you may either call your travel agent or the airlines direct. Please see the Airline Travel Information portion of this brochure for further information.

AIR TRAVEL INFORMATION

You will fly into the **Queen Beatrix International Airport**, which is **approximately five miles from the Westin Resort Aruba.**

Symposia Medicus has arranged for discount fares with **American Airlines** for this conference. Reservations can be made either through your travel agency or through the airline Convention Desk at the website or number listed below.

In order to receive the discounted rate, you or your travel agent must refer to the Symposia Medicus Group ID numbers listed below.

American Airlines Convention Desk:	For discounts on American Airline flights, please book online at www.aa.com and insert 1832BA into the promotion code box. For questions, please call the American Airlines Convention Desk at (800) 433-1790.
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CONFERENCE LODGING INFORMATION

Group rates have been arranged at the Westin Resort in Aruba. These rates will also be available three days before and three days after the conference, based on availability, if you wish to extend your stay.

Two nights' deposit (room rate only) must accompany your reservation. The balance of lodging payment, as well as any incidental charges, is due to the hotel upon checkout. The hotel accepts most major credit cards.

You can receive these rates by reserving the following ways:

- On-line at our website, www.symposiamedicus.org; OR
- Calling Monday-Friday, 8:30am-5:00pm (Pacific Time), (925) 969-1789 or (800) 327-3161; OR
- Faxing form with Visa, MasterCard, or Discover to (925) 969-1795; OR
- By mail, make checks payable to Symposia Medicus and send with registration form to 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287.

Please note that our block of rooms is limited and is on a first come, first served basis. PLEASE RESERVE EARLY as rooms may sell out and/or room rates may increase.

Group Rates Include Daily Buffet Breakfast for Single/Double Occupancy:

Rooms	Group Rates (Single/Double Occupancy)	Description
Island View (Floors 5-9)	\$239/night	Rooms are 380 sq. ft. and feature oversized private balconies, signature décor, flat screen TV, Heavenly Bed®, Heavenly Bath®, complimentary wireless internet, and complimentary use of the Fitness Center. All rooms are identical and vary only by the floor they sit on, their location in the hotel, and the direction they face.
Partial Ocean View (Floors 5-18)	\$254/night	
Ocean/Pool View (Floors 5-18)	\$269/night	

- Group rates **do not include** the following, subject to change:
 - State & local taxes of 10.7%
 - Resort charge of 12.8%
 - Porterage charge of \$6.00 per person (18 years and older), roundtrip
 - Housekeeping fee of \$2.50 per person (18 years and older), per day
- Maximum room occupancy is four (regardless of age).**
- Additional person charges (see below) include daily buffet breakfast:**
 - Children 4 years and under are FREE in room with adults
 - Children 5-12 years old are an additional \$8 each, per night
 - Children 13-17 years old are an additional \$16 each, per night
 - 3rd and 4th adult in room (18 years and older) is an additional \$55 each, per night
- Check-in time is 4:00pm and check-out time is noon.
- Cribs and rollaways may be requested at no additional charge (subject to change).
- Self Parking is complimentary at the hotel.**
- Early Departure Fee:** Please notify the hotel at check-in if there are any changes to your scheduled departure, as an early departure fee equal to one night's room rate and tax will be charged to any guest who checks out of the hotel before their stated departure date.

CANCELLATION POLICIES

- Conference cancellations must be confirmed in writing and a 10% of paid tuition processing fee will be assessed. No refunds will be made if cancellation is postmarked after **February 8, 2012**; however, tuition, less 10% processing fee, may be applied to a future Symposia Medicus conference.
- Per our hotel contract, hotel reservation cancellations must be made in writing to Symposia Medicus and you will receive a full refund if postmarked by **January 11, 2012**. Between **January 12, 2012**, and **February 8, 2012**, the one night's deposit is forfeited. After **February 8, 2012**, no hotel refunds can be made.
- All cancellations must be made in writing and postmarked by the dates stated above.
- In the unlikely event of conference cancellation by Symposia Medicus, full tuition and (if applicable) hotel deposit refunds will be made. Symposia Medicus will not be responsible for refunding travel or any other expenses.



CONFERENCE LOCATION

Bon bini (Welcome) to Aruba! The lovely island of **Aruba, located in the heart of the Caribbean**, plays host to our **19th Annual Spring Conference on Women's Health**.

Aruba - where arid desert, calm azure seas, tranquil beaches, caves and rock formations combine to create a one-of-a-kind natural setting. This 70-square mile island maintains an average temperature of 80° F, is cooled by gentle trade winds, and abounds in natural beauty. While you're on the island, you can take a trip through Arikok Park and view ancient divi divi trees, or explore one of Aruba's museums for a glimpse into the history of the island. Aruba also offers numerous shopping and dining opportunities, and the capital city, Oranjestad, with its multicolored houses and sloping roofs, is full of shops, boutiques, and restaurants to suit every taste.

Our conference hotel, the Westin Resort Aruba, is the perfect island destination, located on the white sands of Palm Beach, just three miles from downtown Oranjestad. While at the resort, you can enjoy **sailing, windsurfing, scuba diving, deep-sea fishing**, or take a refreshing swim in the ocean, play in the gorgeous **seaside pool**, or relax with a **refreshing massage, body wrap or facial at the beautiful resort spa**. Children ages 4-12 can spend time away from parents at the fun and exciting **Westin Kids Club**. The resort has five wonderful restaurants, lounges, and world class gaming at the **Casablanca Casino**. Discover the ideal blend of Caribbean warmth and Las-Vegas-style excitement while attending our **19th Annual Spring Conference on Women's Health** at the Westin Resort Aruba.

2011 CALENDAR OF FUTURE CONFERENCES

1190	12th Annual Conference on Integrative Medicine in Women's Health Care	Napa, California	Sep 14-17
1193	25th Annual Fall Conference on High Risk Obstetrics	Washington, DC	Sep 22-24
1192	22nd Annual National Conference on Women's Health Care	Las Vegas, Nevada	Sep 26-28
1191	Current Issues in Pediatric Emergencies	Eastern Mediterranean Cruise (<i>Celebrity Cruises – Equinox</i>)	Sep 30-Oct 10
1194	29th Annual Fall Conference on Obstetrics	Maui, Hawaii	Oct 12-15
1198	19th Annual Fall Conference on Issues in Women's Health	St. Thomas, USVI	Nov 2-5
1197	Current Issues in Women's Health	Eastern Caribbean Cruise (<i>Celebrity Cruises – Solstice</i>)	Nov 6-13
1199	22nd Annual Conference on Hot Topics in Primary Care	Atlantis Resort, Bahamas	Nov 9-12
1200	18th Annual Fall Conference on High Risk Pregnancy	Marco Island, Florida	Nov 16-19
1204	17th Annual Conference on Challenges in Gynecology	New York City, New York	Dec 16-17
1205	15th Annual Conference on Emergencies in Primary Care	New York City, New York	Dec 16-17

2012 CALENDAR OF FUTURE CONFERENCES

1208	16th Annual Winter OB/GYN Conference	Maui, Hawaii	Feb 8-11
1207	19th Annual Office GYN & Women's Health for the Primary Care Provider	Big Island, Hawaii	Feb 15-18
1217	11th Annual Spring Conference on Challenges in Primary Care Medicine	Anaheim, California (<i>Near Disneyland/California Adventure</i>)	Apr 2-4
1220	4th Annual Conference on Challenges in Obstetrics & Gynecology	Las Vegas, Nevada	Jun 11-13
1223	17th Annual Summer Conference on Primary Care	Sedona, Arizona	Jul 11-14
1228	Hot Topics in Pediatric Emergency Medicine & Nursing	Alaska Cruise (<i>Celebrity Cruises – Infinity</i>)	Jul 27-Aug 3
1226	13th Annual Summer Conference on Women's Health	Atlantis, Bahamas	Aug 1-4
1230	Current Issues in Women's Health Care	Mediterranean Cruise (<i>Celebrity Cruises – Silhouette</i>)	Sep 29-Oct 11
1236	Challenges in Obstetrics & Gynecology	Eastern Caribbean Cruise (<i>Celebrity Cruises – Eclipse</i>)	Nov 9-17

For more information on any of these conferences, please write to: Symposia Medicus, 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287; call (800) 327-3161 or (925) 969-1789; email us at info@symposiamedicus.org; OR visit our website at www.symposiamedicus.org to view brochures of upcoming conferences.

Brochures are available 6-8 months prior to conference.



CONFERENCE & LODGING REGISTRATION FORM

Register on-line at www.symposiamedicus.org

OR complete this form and mail or fax with appropriate payment to:



Symposia Medicus
 399 Taylor Blvd., Suite 201
 Pleasant Hill, CA 94523-2287
 Phone (925) 969-1789 or (800) 327-3161 • Fax (925) 969-1795

SYMPOSIA MEDICUS
 19th Annual Spring Conference on
WOMEN'S HEALTH
Westin Resort
Aruba, Dutch Caribbean
MARCH 14-17, 2012

PLEASE TYPE OR PRINT (Show name and **one** degree as you would like it printed on your conference materials):

Registrant's Name: _____ Degree: _____
First Last

Registrant's Mailing Address: _____
Street City State Zip

If above is a hospital or office address, please show name/suite # here: _____

Work: (_____) Home: (_____) Fax: (_____) _____

Cell: (_____) E-mail: _____

Professional Specialty: _____ Name of Hospital or Workplace: _____

Do you have a copy of the brochure for this conference? Yes _____ No _____

Our conference syllabus is available on paper or flash drive.
 Please check here if you'd like your syllabus on flash drive.
No paper syllabus will be given if you choose flash drive.
 If you request a syllabus on flash drive and bring your laptop to the conference, please be aware that there are no electrical outlets in the conference room. Make sure your laptop is fully charged each day.

#1215

FRIDAY ROUNDTABLE PREFERENCE (Please refer to schedule and select one roundtable for each session):

Session 1: _____ (A, B, C, D) Session 2: _____ (A, B, C, D)

LODGING RESERVATIONS

Please reserve accommodations at **Westin Resort Aruba** for:

Arrival: _____ / _____ / _____ Departure: _____ / _____ / _____
(DAY of the week) Month Day Year (DAY of the week) Month Day Year

Group Rates (Single/Double Occupancy) - INCLUDES DAILY BUFFET BREAKFAST

Island View	\$239/night
Partial Ocean View	\$254/night
Ocean /Pool View	\$269/night

- Group rates **do not include** the following, subject to change:
 - State & local taxes of 10.7%
 - Resort charge of 12.8%
 - Portorage charge of \$6.00 per person (18 years and older), roundtrip
 - Housekeeping fee of \$2.50 per person (18 years and older), per day
- Maximum room occupancy is four (regardless of age).**

- Additional person charges (see below) include daily buffet breakfast:**
 - Children 4 years and under are FREE in room with adults.
 - Children 5-12 years old are an additional \$8.00 each, per night
 - Children 13-17 years old are an additional \$16.00 each, per night.
 - 3rd & 4th adult in room (18 years & older) are an additional \$55.00 each, per night

Preferred Bed Type: King/Queen _____ Two Beds _____ (Cannot Guarantee)

Names of All Room Occupants (and ages, if children) _____

Please circle names of room occupants (other than you) who are registered for this conference

Other Comments/Requests _____

TUITION AMOUNT DUE	TWO NIGHTS' LODGING DEPOSIT - ROOM RATE ONLY <small>(Note: Balance of hotel charges will be due to hotel upon check-out)</small>	TOTAL
\$ _____	\$ _____	\$ _____

Payment Type: _____ Check (Please Enclose) _____ Visa _____ MasterCard _____ Discover _____

Cardholder's Name: _____ Signature: _____

Billing Address: _____
(If different from above) Street City State Zip

Card Number	Expiration Date Month/Year	Security # <small>(last 3 digits on back of credit card)</small>
_____ - _____ - _____	____ / ____	_____

ALL INFORMATION STATED ABOVE WILL REMAIN CONFIDENTIAL TO SYMPOSIA MEDICUS

Copies of this form can be used for additional registrations • Telephone registrations may be taken with Visa, MasterCard, or Discover by calling Monday-Friday, 8:30am-5:00pm (Pacific Time) • Phones: (800) 327-3161 or (925) 969-1789, or Fax (925) 969-1795
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