

Winter Conference on

Hot Topics in Women's Health

*Including topics on:
Adolescent GYN, Contraception Options, Sexual Dysfunction,
Dermatology, Incontinence, UFE, and much more...*

BEAVER RUN RESORT
Breckenridge, Colorado

February 28-March 3, 2012

Sponsored by

Symposia Medicus

A Non-Profit Corporation for
Continuing Medical Education
Pleasant Hill, California



Since 1978

"Excellent courses - good information with outstanding and entertaining presenters who are very knowledgeable of their subjects."

-Meredith Krebel, MD

"As always, Symposia Medicus presents quality programs that assist us in maintaining a current knowledge base in order to practice safe and comprehensive medicine. Great job."

-Lynette Allen-Pye, CNM

"The lectures were prepared and excellent. The information was useful and I loved having time to explore the area. I will definitely register for Symposia Medicus conferences in the future."

-Toni Aspinal-Daley, MD

Register On-Line...

for this conference or view other educational conferences at

www.symposiamedicus.org

Conference Description

Our **Winter Conference on Hot Topics in Women's Health** is designed to provide the most current clinical information in women's health to obstetricians, gynecologists, family physicians, internists, nurse midwives, nurse practitioners, physician assistants, nurses, and all other healthcare professionals who care for women. The primary goal of this conference is to enhance the knowledge and increase competence of attendees. Emphasis will be placed on practical application of the evidence-based topics presented. In addition to didactic lectures, ample time has been allotted for participant feedback and interaction.

Topics for this year's conference have been selected based on extensive target audience needs assessment data resulting from professional practice gaps. These gaps are identified by a variety of sources including feedback and evaluations from past participants, clinical expert input, Symposia Medicus' online survey, and other medical and nursing data.

An outstanding faculty has been assembled for this conference. Faculty members are committed to providing participants with current evidence-based and practical information and were selected based on their individual areas of expertise, their ability to communicate knowledge to others in a clear and concise manner, and their willingness to interact with participants.

Three morning sessions and two afternoon sessions leave ample time for skiing and exploring Breckenridge. We have also arranged group tours that allow for enjoyment of the area, as well as continued discussion with colleagues.

Conference Objectives

After participating in this conference, you should have an increased knowledge of and be more competent to...

- Manage patients with sexual dysfunction
- Identify appropriate clinical interventions for the treatment of incontinence
- Explain new alternative therapies for the management of menopause
- Identify abnormal variations of vulvar anatomy
- Provide your patients with current information regarding contraception options

Accreditation

This educational activity was planned and produced in accordance with the **ACCME** and **ANCC** Essentials and Standards relating to continuing medical and nursing education.

Symposia Medicus is accredited by the **Accreditation Council on Continuing Medical Education (ACCME)** to provide continuing medical education for physicians.

Symposia Medicus is accredited as a provider of continuing nursing education by the **American Nurses Credentialing Center's Commission on Accreditation**.

Participants should only claim credit commensurate with the extent of their participation in the activity.

Certificates of credit will be given to participants on-site at the conclusion of the conference.

Continuing Education Credit

Physicians

Symposia Medicus designates this live activity for a maximum of 16.25 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application has been made with the **American College of Obstetricians & Gynecologists (ACOG)** for cognates, Formal Learning.

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

Nurse Midwives

The **American College of Nurse Midwives** accepts Category 1 CME approval from organizations accredited by the ACCME.

Physician Assistants

The **American Academy of Physician Assistants** accepts Category 1 CME approval from organizations accredited by the ACCME.

Nurse Practitioners/Nurses

The **ANCC** contact hours awarded for completion of this conference are 16.25.

Provider is also approved by the **California Board of Registered Nursing**, Provider #CEP2335, for 19.5 contact hours.

Pharmacology Credit for Prescriptive Authority

A maximum of 2.75 hours in pharmacology credit for prescriptive authority may be earned by attending this educational conference. Sessions awarding pharmacology credit for prescriptive authority are denoted with an Rx in the schedule.

Educational Resources

Each registrant will receive an extensive conference syllabus containing pertinent information on each topic presented. **The syllabus is available on paper (black and white type/photos) or on a flash drive (full color). Please make your syllabus choice on the conference registration form. By requesting your syllabus on a flash drive, you will not receive a paper syllabus.** If you request the flash drive syllabus and bring your laptop to the conference, be aware that there are no electrical outlets at the conference tables. **Make sure your laptop is fully charged each day.**

Extra copies of this syllabus, whether on flash drive or paper, are available for purchase by writing, with payment (\$60 for paper, \$25 for flash drive) to: Symposia Medicus, 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287 (please refer to syllabus #1212 and indicate type of media preferred).

Winter Tours/Ski Lift Ticket Discounts/ Ground Transportation

Winter tours are planned for participants and their guests throughout the conference breaks, as well as **discounts offered on ski lift tickets, ski school, and ski rental equipment.** Additional information regarding these tickets and discounts, as well as ground transportation, will be sent to registrants.

Conference Faculty

Linda D. Bradley, MD, FACOG

Conference Co-Chairperson

Vice Chairman of Obstetrics & Gynecology and Women's Health Institute

Director, Center for Menstrual Disorders, Fibroids and Hysteroscopic Services
Department of Obstetrics and Gynecology
Cleveland Clinic
Cleveland, Ohio

Libby Edwards, MD

Chief of Dermatology

Carolinas Medical Center

Charlotte, North Carolina

Adjunct Associate Clinical Professor

University of North Carolina

Chapel Hill, North Carolina

Ellen Hughes, MD, PhD

Conference Co-Chairperson

Clinical Professor of Medicine

University of California, San Francisco

Osher Center for Integrative Medicine

San Francisco, California

Barbara Malat, CPNP/FNP, PA-C

Adjunct Faculty

Winona State University

Family Nurse Practitioner Program

Primary Care Provider

Family Medicine/Urgent Care at

Olmsted Medical Center

Rochester, Minnesota

Holly E. Richter, PhD, MD

Professor and Director

Division of Urogynecology and

Pelvic Reconstructive Surgery

Department of Obstetrics and Gynecology

University of Alabama at Birmingham

Birmingham, Alabama

Consistent with ACCME and ANCC policy, faculty for this educational activity are asked to disclose any commercial interests that may create or may be perceived as creating a conflict related to the material they will be presenting, as well as limitations on clinical studies presented, and any "off-label" use suggestions for medical products. Additionally, Symposia Medicus Board, Planning Committee, and Staff members have disclosed that they have no significant financial relationships that could pose a conflict of interest to the planning of this conference. This information is intended to assist you in forming your own judgments about content presented. Disclosure information will be included in your syllabus and/or verbally disclosed at the conference.

CONFERENCE SCHEDULE

Tuesday, February 28

5:30- Registration/Check-in
7:00pm During Group Reception

Wednesday, February 29

6:30am Continued Registration & Check-in
During Continental Breakfast

7:00 **Conference Introduction**
Linda D. Bradley, MD

7:15 **Sleep Disorders in Women:
Improving the Quality of Sleep**
(Rx=15 minutes)
Ellen Hughes, MD, PhD

8:00 **Gentle GYN: Care & Knowledge
of the Young Female**
Barbara Malat, CPNP/FNP, PA-C

8:45 **Abnormal Uterine Bleeding:
Approach to Evaluation & Treatment**
(Rx=15 minutes)
Linda D. Bradley, MD

9:30 **Questions & Answers
Group Discussion**
Faculty Panel & Audience

10:30 Adjourn Morning Session

Mid-Day Break: 10:30am-4:00pm

4:00pm **Skin Cancers & Sun Damage**
(Rx=15 minutes)
Libby Edwards, MD

4:45 **Recognition & Treatment of
Depression in Women Throughout
Their Lifecycle** (Rx=20 minutes)
Barbara Malat, CPNP/FNP, PA-C

5:30 **Contraception Management Options**
(Rx=35 minutes)
Linda D. Bradley, MD

6:15 **Questions & Answers
Group Discussion**
Faculty Panel & Audience

7:15 Adjourn for the Day

Thursday, March 1

6:30am Continental Breakfast

7:00 **Incontinence: Evaluation & Current
Treatment Options** (Rx=15 minutes)
Holly E. Richter, PhD, MD

7:45 **Uterine Fibroid Embolization:
Is Hysterectomy Obsolete?**
Linda D. Bradley, MD

8:30 **You CAN Help Your Patients With
Sexual Dysfunction** (Rx=20 minutes)
Barbara Malat, CPNP/FNP, PA-C

9:15 **Questions & Answers
Group Discussion**
Faculty Panel & Audience

10:15 Adjourn for the Day

Friday, March 2

4:00pm **Management of Chronic Vulvar
Symptoms** (Rx=15 minutes)
Libby Edwards, MD

4:45 **Alternative Management for
Menopause: Herbs &
Bioidentical Hormones**
Ellen Hughes, MD, PhD

5:30 **Pelvic Floor Surgery in Older
Women: Outcomes & Issues**
Holly E. Richter, PhD, MD

6:15 **Questions & Answers
Group Discussion**
Faculty Panel & Audience

7:15 Adjourn for the Day

Saturday, March 3

6:30am Continental Breakfast

7:00 **Exercise & Fitness: Strategies
for a Healthier Lifestyle**
Ellen Hughes, MD, PhD

7:45 **Office Management of Common
Rashes & Bumps** (Rx=15 minutes)
Libby Edwards, MD

8:30 **Pelvic Organ Problems Associated
with Perimenopause**
Holly E. Richter, PhD, MD

9:15 **Questions & Answers
Group Discussion**
Faculty Panel & Audience

10:15 *Conference Adjourns*

*Rx = Pharmacology Credit for Prescriptive Authority
will be granted for these sessions*

CONFERENCE REGISTRATION INFORMATION

Enrollment for this conference is limited in order to provide the best possible learning environment. **Early registration is advised.**

TUITION:	EARLY <i>If postmarked by December 20, 2011</i>	REGULAR <i>If postmarked after December 20, 2011</i>
Physicians	\$610	\$710
Residents, Nurses, PAs & All Others	\$510	\$610

- Tuition includes continuing education certification, extensive conference syllabus, group reception, refreshments, and continental breakfast on Wednesday, Thursday and Saturday.
- Tuition may be paid by check, money order, Visa, MasterCard, or Discover.
- Register on-line at www.symposiamedicus.org.
- Telephone registrations can be made Monday-Friday, 8:30am-5:00pm (Pacific Time), by calling (925) 969-1789 or (800) 327-3161. Registrations can also be faxed to (925) 969-1795.
- If paying by check, make payable and send with registration form to Symposia Medicus, 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287
- Conference registration will be confirmed in writing and more information on travel, hotel, and activities will be sent.
- This conference meets the requirements for CE tax deductibility; however, we suggest you consult your financial authority for more information.
- For additional conference or lodging information, call Symposia Medicus at (800) 327-3161 or (925) 969-1789, email us at info@symposiamedicus.org, or visit our website at www.symposiamedicus.org.
- For information on air reservations and ticketing assistance, you may either call your travel agent or the airlines direct. Please see the Airline Travel Information portion of this brochure for further information.

AIRLINE TRAVEL INFORMATION

You will fly into the **Denver International Airport**, which is approximately 100 miles from Breckenridge.

Symposia Medicus has arranged for discount fares with **Alaska, American and United Airlines** for this conference. Reservations can be made either through your travel agency or through the airlines Convention Desk at the website or numbers listed below.

In order to receive the discounted rate, you or your travel agent must refer to the Symposia Medicus Group ID number listed below.

Alaska Airlines Convention Desk:	For discounts on Alaska Airline flights, please book online at www.alaskaair.com and insert ECM607 into the e-certificate code box. For questions, please call the Alaska Airline Convention Desk at (800) 445-4435.	
American Convention Desk:	For discounts on American Airline flights, please book online at www.aa.com and insert 6522AV into the promotion code box. For questions, please call the American Airlines Convention Desk at (800) 433-1790.	
United Airlines Convention Desk:	(800) 521-4041	563JI

CAR RENTAL DISCOUNT

Symposia Medicus has arranged conference discounts with **AVIS and Budget Car Rentals**. Reservations can be made by phone; please refer to the conference code and the conference/airport location when making your reservations. Please see below:

AVIS 800-331-1600 AWD # B766625
BUDGET 800-772-3773 BCD # U076767

CONFERENCE LODGING INFORMATION

Group Rates have been arranged at the **Beaver Run Resort**. These rates will also be available **three days before and three days after the conference, based on availability, if you wish to extend your stay.**

Two nights' deposit (room rate only) must accompany your reservation. The balance of lodging payment, as well as any incidental charges, is due to the hotel upon checkout. The hotel accepts most major credit cards.

You can receive these rates by reserving the following ways:

- On-line at our website, www.symposiamedicus.org; OR
- Call Monday-Friday, 8:30am-5:00pm (Pacific Time), (925) 969-1789 or (800) 327-3161; OR
- Fax form with Visa, MasterCard, or Discover to (925) 969-1795; OR
- By check, make payable to Symposia Medicus and send with registration form to 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287.

Because there is a high demand for hotel rooms in Breckenridge during ski season, you should make your lodging reservations as soon as possible.

Please note that our block of rooms is limited and on a first come, first served basis. PLEASE RESERVE EARLY as rooms may sell out and/or room rates may increase.

Beaver Run Resort is a full-service resort with complete ski in/ski out access. The resort has several restaurants, a spa, two heated pools, seven hot tubs, a sauna, and steam room.

TYPE OF ROOM	GROUP RATES	MAX OCCUPANCY	DESCRIPTION
Hotel Room	\$189/night	4	Traditional hotel room has two queen-sized beds, small sitting area with coffee maker and full bath. Located in Buildings 1, 2, & 3, near heated indoor/outdoor pool, outdoor hot tubs, business center, game room, or The Spa.
Deluxe Studio	\$213/night	4	Offers queen bed, small living/dining area with queen sleeper sofa, kitchenette, and private jetted spa tub. Located in Building 4.
Colorado Suite	\$262/night	4	Has everything "Deluxe Studio" has, plus slightly larger living room, fireplace and private balcony. Located in Building 4.
One Bedroom Suite	\$295/night	4	Separate bedroom with queen bed and queen sofa-bed in living room. One bathroom, full kitchen, fireplace, and private balcony. Located in Buildings 1, 2, & 3.
Two Bedroom Suite	\$450/night	6	Three queen beds and two full baths, full kitchen and dining area, living room with fireplace, and private balcony. Located in Buildings 1, 2, & 3.

- Group Rates are per room, per night, and DO NOT include the following (subject to change without notice):
 - Sales tax of 12.26%
 - Resort lodging fee of 5%
- **Maximum occupancy stated is regardless of age. No exceptions are made.**
- **Please note:** All preferences for location, views, specific units, and non-smoking units will be noted; hotel cannot guarantee such requests.
- **Early departures and/or late arrivals will be charged the group rate per night dropped if changed within 30 days of arrival. If changes are made before 30 days, no penalty will be assessed.**

CANCELLATION POLICIES

- Conference cancellations must be confirmed in writing and a 10% of paid tuition processing fee will be assessed. No refunds will be made if will be made if cancellation is postmarked after **January 24, 2012**; however, tuition, less 10% processing fee may be applied to a future Symposia Medicus conference.
- Per our hotel contract, hotel reservation cancellations must be made in writing to Symposia Medicus and you will receive a full refund if postmarked by **December 27, 2011**. Between **December 28, 2011** and **January 24, 2012**, one night's deposit is forfeited. After **January 24, 2012**, no hotel refunds can be made.
- All cancellations must be made in writing and postmarked by the dates stated above.
- In the unlikely event of conference cancellation by Symposia Medicus, full tuition and (if applicable) hotel deposit refunds will be made. Symposia Medicus will not be responsible for refunding travel or any other expenses.



CONFERENCE LOCATION

This exciting conference will be held at the wonderful *Beaver Run Resort*, nestled at the base of one of Colorado's greatest ski runs. From the resort's doors you can ski onto two high-speed lifts that put you onto more than **2,200 acres of skiable terrain - perfect for novice to experienced skiers**. Free county shuttle service takes you to the other "Ski the Summit" resorts of Keystone and Arapahoe (A-Basin). Vail Ski Resort is just 45 minutes away.

After a full day of downhill or cross country skiing, dog sledding, ice skating, fly fishing, or snowmobiling, you can enjoy fine dining inside the resort, or take a short, complimentary shuttle ride or moonlit stroll into the quaint mining town of Breckenridge, with its Victorian architecture and wide variety of restaurants, night clubs and boutiques.

You'll find many thrilling winter activities in this spectacular setting for our *Winter Conference on Hot Topics in Women's Health*.

2011 CALENDAR OF FUTURE CONFERENCES

1190	12th Annual Conference on Integrative Integrative Medicine in Women's Health Care	Napa, California	Sep 14-17
1193	25th Annual Fall Conference on High Risk Obstetrics	Washington, DC	Sep 22-24
1192	22nd Annual National Conference on Women's Health Care	Las Vegas, Nevada	Sep 26-28
1191	Current Issues in Pediatric Emergencies	Eastern Mediterranean Cruise (<i>Celebrity Cruises – Equinox</i>)	Sep 30-Oct 10
1194	29th Annual Fall Conference on Obstetrics	Maui, Hawaii	Oct 12-15
1198	19th Annual Fall Conference on Issues in Women's Health	St. Thomas, USVI	Nov 2-5
1197	Current Issues in Women's Health	Eastern Caribbean Cruise (<i>Celebrity Cruises – Solstice</i>)	Nov 6-13
1199	22nd Annual Conference on Hot Topics in Primary Care	Atlantis Resort, Bahamas	Nov 9-12
1200	18th Annual Fall Conference on High Risk Pregnancy	Marco Island, Florida	Nov 16-19
1204	17th Annual Conference on Challenges in Gynecology	New York City, New York	Dec 16-17
1205	15th Annual Conference on Emergencies in Primary Care	New York City, New York	Dec 16-17

2012 CALENDAR OF FUTURE CONFERENCES

1208	16th Annual Winter OB/GYN Conference	Maui, Hawaii	Feb 8-11
1207	19th Annual Office GYN & Women's Health for the Primary Care Provider	Big Island, Hawaii	Feb 15-18
1213	19th Annual Spring Conference on High Risk Obstetrics	Maui, Hawaii	Mar 7-10
1215	19th Annual Spring Conference on Women's Health	Aruba, Dutch Caribbean	Mar 14-17
1217	11th Annual Spring Conference on Challenges in Primary Care Medicine	Anaheim, California (<i>Near Disneyland/ California Adventure</i>)	Apr 2-4
1219	13th Annual National Conference on Fetal Monitoring	Las Vegas, Nevada	Apr 19-21
1220	4th Annual Conference on Challenges in Obstetrics & Gynecology	Las Vegas, Nevada	Jun 11-13
1228	Hot Topics in Pediatric Emergency Medicine & Nursing	Alaska Cruise (<i>Celebrity Cruises – Infinity</i>)	Jul 27-Aug 3
1230	Current Issues in Women's Health Care	Mediterranean Cruise (<i>Celebrity Cruises – Silhouette</i>)	Sep 29-Oct 11
1236	Challenges in Obstetrics & Gynecology	Eastern Caribbean Cruise (<i>Celebrity Cruises – Eclipse</i>)	Nov 9-17

For more information on any of these conferences, please write to: Symposia Medicus, 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287; call (800) 327-3161 or (925) 969-1789; email us at info@symposiamedicus.org; OR visit our website at www.symposiamedicus.org to view brochures of upcoming conferences. Brochures are available 6-8 months prior to conference.

CONFERENCE & LODGING REGISTRATION FORM

Register on-line at www.symposiamedicus.org

OR complete this form and mail or fax with appropriate payment to:



Symposia Medicus
 399 Taylor Blvd., Suite 201
 Pleasant Hill, CA 94523-2287
 Phone (925) 969-1789 or (800) 327-3161 • Fax (925) 969-1795

SYMPOSIA MEDICUS
Winter Conference on
HOT TOPICS IN
WOMEN'S HEALTH
Beaver Run Resort
BRECKENRIDGE, COLORADO
February 28-March 3, 2012

PLEASE TYPE OR PRINT (Show name and **one** degree as you would like it printed on your conference materials):

Registrant's Name: _____ Degree: _____
First Last

Registrant's Mailing Address: _____
Street City State Zip

If above is a hospital or office address, please show name/suite # here: _____

Work: (____) _____ Home: (____) _____ Fax: (____) _____

Cell: (____) _____ E-mail: _____

Professional Specialty: _____ Name of Hospital or Workplace: _____

Do you have a copy of the brochure for this conference? Yes _____ No _____

Our conference syllabus is available on paper or flash drive. #1212
 Please check here if you'd like your syllabus on flash drive.
No paper syllabus will be given if you choose flash drive.
 If you request a syllabus on flash drive and bring your laptop to the conference, please be aware that there are no electrical outlets in the conference room. Make sure your laptop is fully charged each day.

LODGING RESERVATIONS

Please reserve accommodations at the **Beaver Run Resort** for:

Arrival: _____ / _____ / _____ Departure: _____ / _____ / _____
(DAY of the week) Month Day Year (DAY of the week) Month Day Year

<input checked="" type="checkbox"/>	ROOMS	GROUP RATES	MAX OCC.
	Hotel Room	\$189/night	4
	Deluxe Studio	\$213/night	4
	Colorado Suite	\$262/night	4
	One Bedroom Suite	\$295/night	4
	Two Bedroom Suite	\$450/night	6

- Rates are per room, per night, and **DO NOT** include the following (subject to change without notice):
 - Sales tax of 12.26%
 - Resort lodging fee of 5%
- **Maximum occupancy stated is regardless of age. No exceptions are made.**
- **Please note:** All preferences for location, views, specific units, and non-smoking will be noted; hotel cannot guarantee such requests.
- **Early departures and/or late arrivals will be charged the group rate per night dropped if changed within 30 days of arrival. If changes are made before 30 days, no penalty will be assessed.**

Names of All Room Occupants (and ages, if children) _____

Please circle names of room occupants (other than you) who are registered for this conference

Other Comments/Requests _____

TUITION AMOUNT DUE	TWO NIGHTS' LODGING DEPOSIT - ROOM RATE ONLY <small>(Note: Balance of hotel charges will be due to hotel upon check-out)</small>	TOTAL
\$ _____	\$ _____	\$ _____

Payment Type: _____ Check (Please Enclose) _____ Visa _____ MasterCard _____ Discover _____

Cardholder's Name: _____ Signature: _____

Billing Address: _____
(if different from above) Street City State Zip

Card Number	Expiration Date Month/Year	Security # <small>(last 3 digits on back of credit card)</small>
_____ - _____ - _____	____ / ____	_____

ALL INFORMATION STATED ABOVE WILL REMAIN CONFIDENTIAL TO SYMPOSIA MEDICUS

Copies of this form can be used for additional registrations • Telephone registrations may be taken with Visa, MasterCard, or Discover by calling Monday-Friday, 8:30am-5:00pm (Pacific Time) • Phones: (800) 327-3161 or (925) 969-1789, or Fax (925) 969-1795
 Visit our website for other educational conferences and/or to register on-line at: www.symposiamedicus.org

